

**KEAN UNIVERSITY – COLLEGE OF EDUCATION**  
**(25106) B.S. PHYSICAL EDUCATION/GLOBAL FITNESS AND WELLNESS: 120 SEMESTER HOURS (S.H.)**

For students graduating from Ocean County College with the A.A. in Liberal Arts OR the A. S. in General Studies with Health and Human Performance Concentration and transferring to Kean University

Kean University Courses are in Blue (60 S.H.) Ocean County College Courses are in Green (60 S.H.)

EFFECTIVE DATE: Fall 2016

KEAN DECLARATION AND GRADUATION GPA REQUIREMENTS: 2.75

GENERAL EDUCATION REQUIREMENTS: 32 S.H.			PROFESSIONAL EDUCATION REQUIREMENTS <sup>1</sup> : 22 S.H.	
<b>Foundation Requirements: 13 S.H.</b>			PED 2800 Pre. Prof. Field Experience <sup>5</sup> (WE)	3
GE 3000 Transfer Transitions		1	PED 3612 Group and Personal Exercise Program	3
ENG 1030 English Comp <sup>1</sup>	ENGL 151 English I <sup>1</sup>	3	PED 3692 Junior Field Experience Fitness	1
MATH 1030 Problem Solving <sup>1</sup>	MATH 151 Survey of Math (or higher) <sup>1</sup>	3	PED 4626 Prescriptive Exercise Programs	3
COMM 1402 Speech Comm <sup>1</sup>	COMM 154 Public Speaking <sup>1</sup>	3	PED 4627 Adult Fitness Internship	3
GE 2022 Research/Tech	ENGL 152 English II	3	PED 4629 Exercise Testing and Interpretation	3
			PED 4630 Electrocardiography	3
<b>DISCIPLINARY &amp; INTERDISCIPLINARY DISTRIBUTION COURSES</b>			<b>Capstone<sup>1</sup>: 3 S.H.</b>	
<b>Humanities: 6 S.H.</b>			PED 4625 Org/Adm Global Fit/Well Prog	3
ENG 2403 World Literature	General Education Literature (GHUM)	3		
Select <b>ONE</b> course from below			<b>Academic Major<sup>1</sup>: 44 S. H.</b>	
Fine Arts/Art History	Select one course from OCC list of GHUM courses, excluding English and History. Note: Credit for a foreign language is granted upon completion of 6 credits of the same language, with 3 credits applied here and 3 credits applied to free electives	3	<b>Core Requirements<sup>1</sup>: 30 S.H.</b>	
Philosophy or Religion			PED 1500 Intro to Motor Learning	3
Foreign Languages			PED 2500 Intro to Biomechanics	3
Music or Theatre			PED 3505 Kinesiology <sup>4</sup>	3
Interdisciplinary			PED 3510 Physiology of Exercise	3
			PED 3515 Wellness	3
<b>Social Sciences: 6 S.H.</b>			MGS 2030 Business Org & Mgmt	BUSN 131 Intro Bus Mgmt or BUSN 271 Princip of Mgmt
HIST 1062 Worlds of History	General Education History (GHIS)	3	PED 3500 Care & Prevention of Athletic Injuries	3
PSY 1000 General Psychology <sup>2</sup>	PSYC 172 General Psychology <sup>2</sup>	3	PED 4605 Assessment in Physical Education	3
			HED 3600 Nutrition	3
<b>Science and Mathematics: 7 S.H.</b>			HED 3231 First Aid/ Accident Prev	HEHP 160 First Aid & Safety
MATH 1010;1016;1054 or CPS 1032; 1231	MATH 156 Statistics or higher	3		
BIO 1000 Principles of Biology <sup>3</sup>	BIOL 130 Anat. & Phys. I <sup>3</sup>	4	<b>Physical Activities<sup>1</sup>: 11 S.H.</b>	
			PED 1045 (Men's Events) and PED 1047 (Women's Events) OR PED 2048 Intermediate Gymnastics	Any unused OCC HEHP course
			PED 1011 Strength Fitness	HEHP 101 Weight training
<b>ADDITIONAL REQUIRED COURSES: 10 S. H.</b>			PED 1020 Personal Fitness	Any unused OCC HEHP course
ID 2950 The Child and Technology	CSIT 110 Computer Literacy or higher	3	PED 1021 Personal Fitness II or Activity <sup>6</sup>	1
PSY 3110 Life Span Psychology <sup>2</sup>	PSYC 278 Life-Span Development <sup>2</sup>	3	PED 11XX Dance of Choice	1
BIO 2402 Human Physio & Anat <sup>3,4</sup>	BIOL 131 Anat. & Phys. II <sup>3,4</sup>	4	PED 1109 Zumba Fitness @	1
			PED 1130 Aerobic Dance	1
<sup>1</sup> Requires a minimum grade of C or better.			PED 1022 T'ai Chi Chih	1
<sup>2</sup> PSY 1000 is a prerequisite for PSY 3110.			PED 1023 Yoga	1
<sup>3</sup> BIO 1000 is a prerequisite for BIO 2402.			PED 1108 Pilates	1
<sup>4</sup> BIO 2402 is a prerequisite for PED 3505.			<b>PED/HED Elective<sup>1</sup>: 3 S.H. : Take one credit PED/HED Academic course</b>	
<sup>5</sup> Requires a minimum grade of B- or better.			PED/HED	3
<sup>6</sup> TC's who are classified in the Health Fitness Zone (HFZ) in all areas have the option of taking PED 1021 or a PED Elective of their choice. TC's who are not classified in the HFZ in all areas are required to take PED 1021 as remediation			<b>FREE ELECTIVES: 12 S.H. 50% must be at the 3000-4000 level</b>	
			FEX 1000 Generic Lower Elective	Unused transferrable OCC course
			FEX 1000 Generic Lower Elective	Unused transferrable OCC course
			FEX 3000 Generic Upper Elective	Unused transferrable OCC course
			Any 3000/4000 Level Kean University Course	3
			<b>TOTAL CREDITS</b>	
			<b>120 S. H.</b>	