

# Course Descriptions – Nursing

## MAJOR COURSES

Please Note: Nursing courses 3200 and above require Department of Nursing Admission status.

### NURS 3000 Conceptual Foundations and Inquiry in Nursing (3 credits)

A comprehensive exploration of historical and contemporary nursing and related knowledge, including systems, the metaparadigm, philosophies, conceptual models, middle and grand theories as fundamentals of research-based nursing practice. Recognition of the scholarly role of the nurse and the value of theory and theory development as an essential basis for professional nursing practice with diverse populations. Focus is on health promotion/risk reduction as the essence of all activities is the care of individuals, families, groups and populations in all health and settings.

### NURS 3010 Health Assessment (2 credits, lab course)

Introduction to holistic health assessment and physical examination. Comprehensive health assessment to include physiological, cultural, development, nutritional, genetic and mental status assessment. Focus is on data gathering techniques, therapeutic communication skills, and use of a body systems approach to physical examination. Documentation of findings and use of the nursing process will facilitate clinical decision making in designing health promotional, risk reduction, and disease prevention activities for diverse client populations across the life span.

*Pre or Co-requisite: PSY 3110*

### NURS 3020 Foundations of Transcultural Health Care (3 credits)

An introduction to concepts and theories relevant to healthcare for diverse populations. Diversity is examined relative to social organization, role and expectations, communication patterns and values/beliefs underlying health-illness behaviors between western and non-western cultures. Emphasis on development of knowledge and skills in culturally congruent communication and cultural assessment. Comparative approach to global healthcare by understanding similarities and differences among commonly encountered diverse population groups.

### NURS 3200 Professional Nursing Practice: Health Promotion in the Community (5 credits with clinical)

Continued study of nursing models and application of relevant theories to guide nursing practice as it pertains to health promotion and risk reduction. Using the family as the essential unit of care within the community, critical thinking and clinical decision-making processes will facilitate the design, management and provision of care to modify risk factors, and promote. Specific clinical activities are related to prevention and reduction of health disparities across the life span through the conduct of community assessment and the development and implementation of culturally appropriate nursing strategies reflecting professional values and behaviors.

*Prerequisite: Admission to the Department of Nursing, NURS 3000, NURS 3020*

*Co-requisite: SOC 2100*

### NURS 4200 Research in Nursing (3 credits)

Introduction to systematic investigation of nursing problems. Includes historical overview of research in nursing and current research priorities. Classroom practice in critical appraisal of research reports, and systematic review of research findings for evidence upon which to base nursing practice.

*Pre or Co-requisite: Math 1016.*

NURS 4300 Professional Nursing Practice for Clients Living with Illness (5 credits with clinical)

Intensive study of the care of the sick in and across all environments. The comprehensive impacts of illness, including the bio-psychosocial and cultural aspects on the individual, family, group and community will be explored. Designing, coordinating, and managing care of the sick with emphasis on client groups as the modality of care. Includes therapeutic communication, health counseling and education of special population with the goal of maximizing optimal health states throughout the trajectory of illness across the life span.

*Prerequisite NURS 3200, NURS 3010, Co-requisite PSY 3630*

NURS 4400 Professional Nursing Leadership in Health Care Settings (5 credits with clinical)

Application of systems theory as the basis for designing, managing and coordinating client care in an evolving health care environment. Focus on expanding knowledge and skills of leadership and management theories for direct and indirect nursing care. Special emphasis on delegation, development of nursing team personnel, and evaluation of outcomes. Exploration of legal/ethical issues, licensure, health policy, politics and role of professional nurse as a leader in health care will be addressed.

*Prerequisite NURS 4300, co-requisite A0: PHIL 3314 Moral problems in health care.*

NURS 4900 Independent Practicum in Nursing (2 credits clinical)

Concluding course in which students integrate the knowledge they have gained to select, develop and implement project with clinical nursing foci. Emphasis on facilitating students' transition to role of baccalaureate prepared nurse practitioners and preparing them for future roles in professional practice.

*Prerequisite: All support courses and all upper division nursing courses.*