

KEAN-OCEAN
COLLEGE OF EDUCATION
(25103) B.A. IN PHYSICAL EDUCATION & HEALTH / TEACHER CERTIFICATION 136 Semester Hours S.H.
 This sheet applies to students with an A.A. in Liberal Arts from OCC
 (Ocean County College = 64 S.H., Kean University = 72 S.H.)
 Revised Spring 2013 Effective FA/13
 (Revised 4-5-13)
 3.0 GPA Required

START TERM:

NAME:		TRANSFER INSTITUTIONS (use X)	Credits:
STUDENT ID#:			
GENERAL EDUCATION REQUIREMENTS:	45 (S.H.)	PROFESSIONAL EDUCATION⁵:	33 S.H.
FOUNDATION REQUIREMENTS	13 S.H.	OCC Courses:	
Any unused OCC credit (for Kean's GE 1000)	1 _____	PSYC 275 Education Psychology	3 _____
ENG 151 English Composition I ⁴	3 _____	Kean University Courses:	
MATH 151 Survey of Math or Higher	3 _____	PED 2800 Pre-Prof. Field Experience ⁵ (<i>Writing Emphasis</i>)	3 _____
COMM 154 Public Speaking ⁴	3 _____	EDUC 3401 Lang. Arts/Reading K-12	3 _____
ENGL 152 English Composition	3 _____	PED 3610 Curr./Prog. Elem PED	3 _____
		PED 3611 Curr./Prog. Sec. PED	3 _____
DISCIPLINARY REQUIREMENTS:		PED 3690 Junior Field Elementary	1 _____
Humanities: OCC Courses:	9 S.H.	PED 3691 Junior Field Secondary	1 _____
ENGL 255 or 256 World Literature	3 _____	EMSE 3903 Teaching ELL (take w/ PED 3690)	1 _____
Select 2 courses in different disciplines from OCC list of GHUM courses, excluding ENGL & HIST courses. Note that credit for study of foreign language is granted only upon completion of 6 credits ¹ .		PED 4600 Adapted Physical Education	3 _____
w/ 3 credits applicable to this area & 3 applicable to free electives.		PED 4699 Student Teaching ²	9 _____
_____	3 _____	Kean University Capstone Course:	
_____	3 _____	PED 4610 Org/Adm/Sup. of Phys. Ed.	3 _____
		ACADEMIC MAJOR REQUIREMENTS⁵	45 S.H.
Social Sciences: OCC Courses:	9 S.H.	OCC Courses:	8 S.H.
HIST 100, 171, or 172	3 _____	HEHP 111 Gymnastics	2 _____
PSYC 172 General Psychology	3 _____	HEHP 160 First Aid & Safety	3 _____
SOCI 181 Intro. Sociology	3 _____	HEHP 266 Exercise Pre/Ex. Health Counseling	3 _____
		Kean University Courses:	24 S.H.
Science and Mathematics: OCC Courses	11 S.H.	PED 1500 Intro to Motor Learning	3 _____
MATH 156 or higher ⁴	3 _____	PED 2500 Intro Biomechanics	3 _____
BIOL 130 Anatomy & Physiology I	4 _____	PED 3505 Kinesiology	3 _____
BIOL 131 Anatomy & Physiology II ³	4 _____	PED 3510 Physiology of Exercise	3 _____
		PED 3608 Individual/Dual Sports	3 _____
Health & Physical Education: OCC Courses	3 S.H.	PED 3609 Team Sports Skills/Concepts	3 _____
HEHP 225	3 _____	PED 4605 Assessment in Physical Education	3 _____
		HED 3533 Methods & Materials	3 _____
ADDITIONAL REQUIREMENTS: OCC Courses	13 S.H.		
PSYC 173 Child Psychology	3 _____	Select 2 HED courses from the following:	6 S.H.
HEHP 172 or 173 Int'l Folk Dance I or II	1 _____	HED 3160 Health Perspectives for Women	3 _____
Any General Education Course	3 _____	HED 3300 Community Mental Health	3 _____
Kean University Courses		HED 3400 Human Sexuality	3 _____
ID 2950 Technology & The Young Child	3 _____	HED 3537 School & Community Health Program	3 _____
PED 3515 Wellness	3 _____	HED 3600 Nutrition	3 _____
		HED 3635 Intro to Public Health	3 _____
		HED 3725 Death in Perspective	3 _____
		HED 4333 Drug Use and Abuse	3 _____
		HED 4650 Community Health Counseling	3 _____
Note: Successful completion of Praxis I is required for declared major status for students admitted to Kean University for the Fall 2010 semester or after		Continued on back/next page	

PHYSICAL ACTIVITIES	7 S.H.		
Dance – Select One:	1 S.H.		
PED 1101 Beginning Modern Dance I	1 _____		
PED 1102 Beginning Modern Dance II	1 _____		
PED 1103 Beginning Jazz Dance I	1 _____		
PED 1104 Beginning Jazz Dance II	1 _____		
PED 1107 Creative Movement	1 _____		
PED 1109 Zumba Fitness I	1 _____		
PED 1110 Ballroom Dancing	1 _____		
PED 1113 Intro to Latin Dance	1 _____		
PED 2101 Intermediate Jazz Dance	1 _____		
PED 2102 Intermediate Modern Dance	1 _____		
Fitness – Select Three⁶	3 S.H.		
PED 1011 Strength Fitness	1 _____		
PED 1020 Personal Fitness I	1 _____		
PED 1021 Personal Fitness II ⁶ (or)	1 _____		
PED Elective ⁶	1 _____		
PED/HED Elective Option	3 S.H.		
Select one of the following options:			
PED Activity	1 _____		
PED Activity	1 _____		
PED Activity	1 _____		
OR			
PED Academic	3 _____		
OR			
HED Academic	3 _____		

¹ Must take two semester foreign language sequence

² Must take and pass Praxis II examination before enrolling in PED 4699

³ BIO 131 is a prerequisite for PED 3505

⁴ All major courses plus ENGL 151, COMM 154, MATH 156 (or higher) require a "C" or better

⁵ PED 2800 requires a "B-" or better

⁶ Students who are classified in the Healthy Fitness Zone in all areas have the option of taking PED 1021 or a PED Elective of their choice. Students who are not classified in the Healthy Zone in all areas are required to take PED 1021 as remediation.

Chairperson's Graduation Signature: _____ Date: _____