KEAN-OCEAN
COLLEGE OF EDUCATION
(25103) B.A. IN PHYSICAL EDUCATION & HEALTH / TEACHER CERTIFICATION 136 Semester Hours S.H.
This sheet applies to students with an A.A. in Liberal Arts from OCC
(Ocean County College = 64 S.H., Kean University = 72 S.H.)
Revised Spring 2013 Effective FA/13
(Revised 4-5-13)
3.0 GPA Required

START TERM: _____

NAME:		TRANSFER INSTITUTIONS (use X) Credits:	
STUDENT ID#:			
GENERAL EDUCATION REQUIREMENTS:	**45 (S.H.)**	PROFESSIONAL EDUCATION[5]:	**33 S.H.**
FOUNDATION REQUIREMENTS	**13 S.H.**	**OCC Courses:**	
Any unused OCC credit (for Kean's GE 1000)	1 ____	PSYC 275 Education Psychology	3 ____
ENG 151 English Composition I[4]	3 ____	**Kean University Courses:**	
MATH 151 Survey of Math or Higher	3 ____	PED 2800 Pre-Prof. Field Experience [5] *(Writing Emphasis)*	3 ____
COMM 154 Public Speaking[4]	3 ____	EDUC 3401 Lang. Arts/Reading K-12	3 ____
ENGL 152 English Composition	3 ____	PED 3610 Curr./Prog. Elem PED	3 ____
		PED 3611 Curr./Prog. Sec. PED	3 ____
DISCIPLINARY REQUIREMENTS:		PED 3690 Junior Field Elementary	1 ____
Humanities: OCC Courses:	**9 S.H.**	PED 3691 Junior Field Secondary	1 ____
ENGL 255 or 256 World Literature	3 ____	EMSE 3903 Teaching ELL (take w/ PED 3690)	1 ____
Select 2 courses in different disciplines from OCC list of GHUM courses, excluding ENGL & HIST courses. Note that credit for study of		PED 4600 Adapted Physical Education	3 ____
foreign language is granted only upon completion of 6 credits[1],		PED 4699 Student Teaching[2]	9 ____
w/ 3 credits applicable to this area & 3 applicable to free electives.		**Kean University Capstone Course**:	
_____	3 ____	PED 4610 Org/Adm/Sup. of Phys. Ed.	3 ____
_____	3 ____		
		ACADEMIC MAJOR REQUIREMENTS[5]	**45 S.H.**
Social Sciences: OCC Courses:	**9 S.H.**	OCC Courses:	**8 S.H.**
HIST 100, 171, or 172	3 ____	HEHP 111 Gymnastics	2 ____
PSYC 172 General Psychology	3 ____	HEHP 160 First Aid & Safety	3 ____
SOCI 181 Intro. Sociology	3 ____	HEHP 266 Exercise Pre/Ex. Health Counseling	3 ____
		Kean University Courses:	**24 S.H.**
Science and Mathematics: OCC Courses	**11 S.H.**	PED 1500 Intro to Motor Learning	3 ____
MATH 156 or higher[4]	3 ____	PED 2500 Intro Biomechanics	3 ____
BIOL 130 Anatomy & Physiology I	4 ____	PED 3505 Kinesiology	3 ____
BIOL 131 Anatomy & Physiology II[3]	4 ____	PED 3510 Physiology of Exercise	3 ____
		PED 3608 Individual/Dual Sports	3 ____
Health & Physical Education: OCC Courses	**3 S.H.**	PED 3609 Team Sports Skills/Concepts	3 ____
HEHP 225	3 ____	PED 4605 Assessment in Physical Education	3 ____
		HED 3533 Methods & Materials	3 ____
ADDITIONAL REQUIREMENTS: OCC Courses	**13 S.H.**		
PSYC 173 Child Psychology	3 ____	**Select 2 HED courses from the following**:	**6 S.H.**
HEHP 172 or 173 Int'l Folk Dance I or II	1 ____	HED 3160 Health Perspectives for Women	3 ____
Any General Education Course	3 ____	HED 3300 Community Mental Health	3 ____
Kean University Courses		HED 3400 Human Sexuality	3 ____
ID 2950 Technology & The Young Child	3 ____	HED 3537 School & Community Health Program	3 ____
PED 3515 Wellness	3 ____	HED 3600 Nutrition	3 ____
		HED 3635 Intro to Public Health	3 ____
		HED 3725 Death in Perspective	3 ____
		HED 4333 Drug Use and Abuse	3 ____
		HED 4650 Community Health Counseling	3 ____
Note: Successful completion of Praxis I is required for declared major status for students admitted to Kean University for the Fall 2010 semester or after		Continued on back/next page ⇨	

PHYSICAL ACTIVITIES	**7 S.H.**		
Dance – Select One:	**1 S.H.**		
PED 1101 Beginning Modern Dance I	1 ____		
PED 1102 Beginning Modern Dance II	1 ____		
PED 1103 Beginning Jazz Dance I	1 ____		
PED 1104 Beginning Jazz Dance II	1 ____		
PED 1107 Creative Movement	1 ____		
PED 1109 Zumba Fitness I	1 ____		
PED 1110 Ballroom Dancing	1 ____		
PED 1113 Intro to Latin Dance	1 ____		
PED 2101 Intermediate Jazz Dance	1 ____		
PED 2102 Intermediate Modern Dance	1 ____		
Fitness – Select Three[6]	**3 S.H.**		
PED 1011 Strength Fitness	1 ____		
PED 1020 Personal Fitness I	1 ____		
PED 1021 Personal Fitness II[6] ***(or)***	1 ____		
PED Elective[6]	1 ____		
PED/HED Elective Option	**3 S.H.**		
Select one of the following options:			
PED Activity	1 ____		
PED Activity	1 ____		
PED Activity	1 ____		
OR			
PED Academic	3 ____		
OR			
HED Academic	3 ____		

[1] *Must take two semester foreign language sequence*
[2] *Must take and pass Praxis II examination before enrolling in PED 4699*
[3] *BIO 131 is a prerequisite for PED 3505*
[4] *All major courses plus ENGL 151, COMM 154, MATH 156 (or higher) require a "C" or better*
[5] *PED 2800 requires a "B-" or better*
[6] *Students who are classified in the Healthy Fitness Zone in all areas have the option of taking PED 1021 ore a PED Elective of their choice. Students who are not classified in the Healthy Zone in all areas are required to take PED 1021 as remediation.*

Chairperson's Graduation Signature: _____ Date: _____