KEAN UNIVERSITY – COLLEGE OF EDUCATION

(25106) B.S. IN Physical Education/Global Fitness and Wellness: 120 Semester Hours (S.H.)

2.75 GPA requirement (Note: this is may be higher than some individual course requirements)

EFFECTIVE DATE: Fall 2015 **START TERM: _____**

NAME		TRANSFER INSTITUTIONS (X) Credits:	
STUDENT ID#		In Progress	
GENERAL EDUCATION: 32 S.H.		**Professional Education: 22 S.H.**	
Foundation Requirements: *13 S.H.*		PED 2800 Intro to PE Field Experience (WE)[6]	3
GE 1000 Transition to Kean[1]	1	PED 3612 Group/Pers Ex. Programs *(with PED 3692)*	3
ENG 1030 College Composition[2]	3	PED 3692 Jr. Field Exp. Global Fit *(with PED 3612)*	1
MATH 1030 Problem Solving[2]	3	PED 4626 Prescriptive Ex. Programs	3
COMM 1402 Speech Communication[2]	3	PED 4627 Internship in Global Fit/Wellness	3
GE 2022 Research & Technology	3	PED 4629 Exercise Testing and Interpretation	3
		PED 4630 Electrocardiography	3
DISCIPLINARY & INTERDISCIPLINARY DISTRIBUTION REQUIREMENTS:		**Capstone 3 S.H.**	
		PED 4625 Org/Adm Global Fit/Well Prog	3
Humanities: *6 S.H.*		**ACADEMIC MAJOR 44 S.H.**	
ENG 2403 World Literature	3	**Required:** *30 S.H.*	
Select one course from the GE Humanities Distribution Course List: Fine Arts, Art History, Philosophy, Religion, Foreign Languages (must take 1 and 2 for credit), Music, Theater, or ID	3	PED 1500 Intro to Motor Learning	3
		PED 2500 Intro to Biomechanics	3
Social Sciences: *6 S.H.*		PED 3505 Kinesiology[5]	3
HIST 1062 Worlds of History	3	PED 3510 Physiology of Exercise	3
PSY 1000 General Psychology[3]	3	PED 3515 Wellness	3
		MGS 2030 Business Org/Management	3
Science and Mathematics: *7 S.H.*		PED 3500 Care and Prevention of Athletic Injuries	3
MATH/CPS	3	PED 4605 Assessment in Physical Education	3
BIO 1000 Principles of Biology[4]	4	HED 3600 Nutrition	3
		HED 3231 First Aid/Disaster Prep/Injury Prev.	3
Additional Required Courses: **10 S.H.**		**Physical Activities** *11 S.H.*	
ID 2950 Technology and the Young Child	3	PED 1045 *(Men's Events)*, PED 1047 *(Women's Events)*, **OR** PED 2048 *(Intermediate)* Gymnastics	2
PSY 3110 Life Span Psychology[3]	3	PED 1011 Strength Fitness	1
BIO 2402 Human Physiology & Anatomy[4]	4	PED 1020 Personal Fitness	1
		PED 1021 Personal Fitness II or Activity[7]	1
Special Notes: *[1] Required of Freshmen and Transfers with fewer than 10 credits.* *[2] ENG 1030, MATH 1030, COMM 1402 and Major Courses require a minimum grade of C.* *[3] PSY 1000 is pre-requisite for PSY 3110* *[4] BIO 1000 is a pre-requisite for BIO 2402* *[5] BIO 2402 is a pre-requisite for PED 3505* *[6] PED 2800 requires a minimum grade of B-* *[7] TCs who are classified in the Healthy Fitness Zone (HFZ) in all areas have the option of taking PED 1021 or a PED Elective of their choice. TCs who are not classified in the HFZ in all areas are required to take PED 1021 as remediation.*		PED Dance Choice	1
		PED 1109 Zumba Fitness®	1
		PED 1130 Aerobic Dance	1
		PED 1022 Tai Chi Chih	1
		PED 1023 Yoga	1
		PED 1108 Pilates	1
		PED/HED Elective *3 S.H.* *Take 3 credit PED/HED academic course*	
		PED/HED	3
		FREE ELECTIVES 50% 3000-4000 level 12 S.H.	
			3
			3
			3
			3
		TOTAL CREDITS:	**120**
		Advisor:	
06/03/15 (CAS)		**Advisor Signature:**	