

KEAN UNIVERSITY – COLLEGE OF EDUCATION
(25106) B.S. IN Physical Education/Global Fitness and Wellness: 120 Semester Hours (S.H.)
2.75 GPA requirement (Note: this is may be higher than some individual course requirements)

EFFECTIVE DATE: Fall 2015

START TERM: _____

NAME		TRANSFER INSTITUTIONS (X) Credits:	
STUDENT ID#		In Progress	
GENERAL EDUCATION:	32 S.H.	Professional Education:	22 S.H.
Foundation Requirements:	13 S.H.	PED 2800 Intro to PE Field Experience (WE) ⁶	3
GE 1000 Transition to Kean ¹		1 PED 3612 Group/Pers Ex. Programs (<i>with PED 3692</i>)	3
ENG 1030 College Composition ²		3 PED 3692 Jr. Field Exp. Global Fit (<i>with PED 3612</i>)	1
MATH 1030 Problem Solving ²		3 PED 4626 Prescriptive Ex. Programs	3
COMM 1402 Speech Communication ²		3 PED 4627 Internship in Global Fit/Wellness	3
GE 2022 Research & Technology		3 PED 4629 Exercise Testing and Interpretation	3
		PED 4630 Electrocardiography	3
DISCIPLINARY & INTERDISCIPLINARY DISTRIBUTION REQUIREMENTS:		Capstone	3 S.H.
		PED 4625 Org/Adm Global Fit/Well Prog	3
Humanities:	6 S.H.	ACADEMIC MAJOR	44 S.H.
ENG 2403 World Literature		Required:	30 S.H.
Select one course from the GE Humanities Distribution Course List: Fine Arts, Art History, Philosophy, Religion, Foreign Languages (must take 1 and 2 for credit), Music, Theater, or ID		3 PED 1500 Intro to Motor Learning	3
		PED 2500 Intro to Biomechanics	3
Social Sciences:	6 S.H.	PED 3505 Kinesiology ⁵	3
HIST 1062 Worlds of History		3 PED 3510 Physiology of Exercise	3
PSY 1000 General Psychology ³		3 PED 3515 Wellness	3
		MGS 2030 Business Org/Management	3
Science and Mathematics:	7 S.H.	PED 3500 Care and Prevention of Athletic Injuries	3
MATH/CPS		3 PED 4605 Assessment in Physical Education	3
BIO 1000 Principles of Biology ⁴		4 HED 3600 Nutrition	3
		HED 3231 First Aid/Disaster Prep/Injury Prev.	3
Additional Required Courses:	10 S.H.	Physical Activities	11 S.H.
ID 2950 Technology and the Young Child		3 PED 1045 (<i>Men's Events</i>), PED 1047 (<i>Women's Events</i>), OR PED 2048 (<i>Intermediate</i>) Gymnastics	2
PSY 3110 Life Span Psychology ³		3 PED 1011 Strength Fitness	1
BIO 2402 Human Physiology & Anatomy ⁴		4 PED 1020 Personal Fitness	1
		PED 1021 Personal Fitness II or Activity ⁷	1
		PED Dance Choice	1
		PED 1109 Zumba Fitness®	1
		PED 1130 Aerobic Dance	1
		PED 1022 Tai Chi Chih	1
		PED 1023 Yoga	1
		PED 1108 Pilates	1
		PED/HED Elective	3 S.H.
		Take 3 credit PED/HED academic course	
		PED/HED	3
		FREE ELECTIVES 50% 3000-4000 level	12 S.H.
			3
			3
			3
			3
		TOTAL CREDITS:	120
		Advisor:	
06/03/15 (CAS)		Advisor Signature:	

Special Notes:

¹ Required of Freshmen and Transfers with fewer than 10 credits.

² ENG 1030, MATH 1030, COMM 1402 and Major Courses require a minimum grade of C.

³ PSY 1000 is pre-requisite for PSY 3110

⁴ BIO 1000 is a pre-requisite for BIO 2402

⁵ BIO 2402 is a pre-requisite for PED 3505

⁶ PED 2800 requires a minimum grade of B-

⁷ TCs who are classified in the Healthy Fitness Zone (HFZ) in all areas have the option of taking PED 1021 or a PED Elective of their choice. TCs who are not classified in the HFZ in all areas are required to take PED 1021 as remediation.