

**KEAN UNIVERSITY – COLLEGE OF EDUCATION**  
**(25108) B.S. Physical Education/Exercise Science: 120 Semester Hours (S.H.)**  
*2.0 GPA requirement to declare major, 2.5 GPA in Academic Major, Capstone, and Professional Education courses*

**EFFECTIVE DATE: Fall 2018**

**START TERM: \_\_\_\_\_**

NAME		TRANSFER INSTITUTIONS (X)	Credits:
STUDENT ID#		In Progress	
<b>GENERAL EDUCATION:</b>	<b>32 S.H.</b>	<b>Professional Education:</b>	<b>21 S.H.</b>
<b>Foundation Requirements:</b>	<b>13 S.H.</b>	EXSC 2800 <sup>6</sup> Intro to Exercise Science	3
GE 1000/3000 Transition to Kean <sup>1</sup> or Transfer Transitions <sup>1</sup>	1	EXSC 3612 Group/Pers Ex. Programs ( <i>with EXSC 3692</i> )	3
ENG 1030 College Composition <sup>2</sup>	3	EXSC 3692 Clinical Exp. Exercise Science ( <i>with EXSC 3612</i> )	3
MATH 1030 Problem Solving <sup>2</sup>	3	EXSC 4626 Prescriptive Ex. Programs	3
COMM 1402 Speech Communication <sup>2</sup>	3	EXSC 4627 Clinical Practice Exercise Science	3
GE 2022 Research & Technology <sup>2</sup>	3	EXSC 4629 Exercise Testing and Interpretation	3
		EXSC 4630 Electrocardiography	3
<b>DISCIPLINARY &amp; INTERDISCIPLINARY DISTRIBUTION REQUIREMENTS:</b>		<b>Capstone</b>	<b>3 S.H.</b>
		EXSC 4625 Org/Adm Exercise Science	3
<b>Humanities:</b>	<b>6 S.H.</b>	<b>ACADEMIC MAJOR</b>	<b>42 S.H.</b>
ENG 2403 World Literature	3	<b>Required:</b>	<b>31 S.H.</b>
Select one course from the GE Hum Dist Course List (Fine Arts, Art History, Philosophy, Religion, Foreign Languages (must take 1 and 2 for credit), Music, Theater, or ID	3	EXSC 1500 Intro to Motor Learning	3
		MGS 2030 Business Org/Management	3
<b>Social Sciences:</b>	<b>6 S.H.</b>	EXSC 2500 Intro to Biomechanics	3
HIST 1062 Worlds of History	3	HED 3231 First Aid/Disaster Prep/Injury Prev. or HED 3232 Emergency Medical Responder	3
PSY 1000 General Psychology	3	AT 3500 Care and Prevention of Athletic Injuries	3
		EXSC 3505 Kinesiology <sup>5</sup>	3
		EXSC 3510 Physiology of Exercise	3
<b>Science and Mathematics:</b>	<b>7 S.H.</b>	EXSC 3511 Physiology of Exercise Lab	1
MATH/CPS (Options include: MATH 1000, MATH 1010, MATH 1016, MATH 1054, CPS 1031, CPS 1032, CPS 1231)	3	HED 3515 Wellness	3
BIO 1000 Principles of Biology <sup>4</sup>	4	HED 3600 Nutrition	3
		EXSC 4605 Stats in Exercise Science	3
<b>Additional Required Courses:</b>	<b>7 S.H.</b>	<b>Physical Activities</b>	<b>11 S.H.</b>
PSY 3110 Life Span Psychology <sup>3</sup>	3	PED Dance Choice (1101, 1103, 1110, 1113)	1
BIOL 2402 Human Physiology & Anatomy <sup>4</sup>	4	EXSC 1108 Pilates	1
<b>Special Notes:</b>		EXSC 1109 Zumba Fitness®	1
<b>Special Notes:</b>		EXSC 1011 Strength Fitness	1
<sup>1</sup> All undergraduate students must satisfy this University Requirement for Graduation by successfully completing one of the following courses at Kean University: GE 1000 Transition to Kean (all freshmen and transfers entering with 0-29 credits), or GE 3000 Transfer Transitions (transfers entering with 30 credits or more).		EXSC 1020 Personal Fitness	1
<sup>2</sup> Major Courses and ENG 1030, MATH 1030 and COMM 1402 require a minimum grade of C. Students may be required to take ENG 1025 as a prerequisite for ENG 1030		EXSC 1021 Personal Fitness II	1
<sup>3</sup> PSY 1000 is prerequisite for PSY 3110		EXSC 1022 Tai Chi Chih	1
<sup>4</sup> BIO 1000 is a prerequisite for BIO 2402		EXSC 1023 Yoga	1
<sup>5</sup> BIO 2402 is a prerequisite for EXSC 3505		EXSC 1130 Cardio Fitness	1
<sup>6</sup> EXSC 2800 requires a minimum grade of B-		EXSC 1045 Gymnastics Fitness	2
		<b>FREE ELECTIVES 50% 3000-4000 level</b>	<b>15 S.H.</b>
			3
			3
			3
			3
			3
		<b>TOTAL CREDITS:</b>	<b>120</b>
<b>Advisor Signature:</b>		<b>Advisor Name:</b>	

**120 Semester Hours (S.H.)**

**Bachelors of Science in Physical Education/Exercise Science 4 Year Course Sequence**

Minimum of 2.0 GPA Required; 2.5 GPA in Academic Major, Capstone, and Professional Education courses

**Freshman Year**

FALL		SPRING	
GE 1000/3000 Transition to Kean	1	COMM 1402 Speech Comm	3
ENG 1030 College Composition	3	BIO 1000 Principles of Biology	4
MATH 1030 Problem Solving	3	HIST 1062 Worlds of History	3
PSY 1000 General Psych	3	EXSC 1500 Motor Learning	3
GE HUM	3	EXSC 1109 Zumba Fitness	1
EXSC 1045 Gymnastics Fitness	2	EXSC 1022 Tai Chi Chih	1
	<b>15 S.H.</b>		<b>15 S.H.</b>

**Sophomore Year**

FALL		SPRING	
EXSC 1023 Yoga	1	MATH/CPS ( <i>see guidesheet</i> )	3
PSY 3110 Lifespan Psychology	3	ENG 2403 World Literature	3
EXSC 2800 Intro to Ex. Sci. Field Exp.	3	EXSC 2500 Biomechanics	3
BIO 2402 Anatomy & Physiology	4	Free Elective	3
GE 2022 Research and Tech	3	EXSC 1130 Cardio Fitness	1
EXSC 1011 Strength Fitness	1	EXSC 1020 Personal Fitness	1
		EXSC 1108 Pilates	1
	<b>15 S.H.</b>		<b>15 S.H.</b>

**Junior Year**

FALL		SPRING	
EXSC 3505 Kinesiology	3		
AT 3500 Care/Prev of Athletic Inj	3	MGS 2030 Bus/Org/Management	3
HED 3231 First Aid	3	EXSC 4626 Prescriptive Ex. Prog	3
HED 3600 Nutrition	3	EXSC 3612 Group Exercise	3
EXSC 3510 Phys of Ex.	3	EXSC 3692 Clin Exp	3
EXSC 3511 Phys of Ex.Lab	1	EXSC 4629 Ex. Testing	3
EXSC 1021 Personal Fit II	1		
	<b>17 S.H.</b>		<b>15 S.H.</b>

**Senior Year**

FALL		SPRING	
EXSC 4605 Stats in Ex. Sci.	3	EXSC 4625 Org/Admin/Ex Sci	3
HED 3515 Wellness	3	EXSC 4627 Clin Prac Ex Sci	3
EXSC 4630 Electrocardiography	3	Free Elective	3
Free Elective	3	Free Elective	3
Free Elective	3	PED Dance option	1
	<b>15 S.H.</b>		<b>13 S.H.</b>

**YOU MUST BRING THIS EVALUATION AND YOUR KEAN UNIVERSITY TRANSCRIPT TO ALL ADVISING/REGISTRATION SESSIONS.**

Department of Health & Human Performance

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