KEAN UNIVERSITY – COLLEGE OF EDUCATION

(25108) B.S. Physical Education/Exercise Science: 120 Semester Hours (S.H.)

2.0 GPA requirement to declare major, 2.5 GPA in Academic Major, Capstone, and Professional Education courses

EFFECTIVE DATE: Fall 2018 **START TERM:_____**

NAME		TRANSFER INSTITUTIONS (X) Credits:	
STUDENT ID#		In Progress	
GENERAL EDUCATION: 32 S.H.		**Professional Education: 21 S.H.**	
Foundation Requirements: *13 S.H.*		EXSC 2800[6] Intro to Exercise Science	3
GE 1000/3000 Transition to Kean[1] *or* Transfer Transitions[1]	1	EXSC 3612 Group/Pers Ex. Programs *(with EXSC 3692)*	3
ENG 1030 College Composition[2]	3	EXSC 3692 Clinical Exp. Exercise Science *(with EXSC 3612)*	3
MATH 1030 Problem Solving[2]	3	EXSC 4626 Prescriptive Ex. Programs	3
COMM 1402 Speech Communication[3]	3	EXSC 4627 Clinical Practice Exercise Science	3
GE 2022 Research & Technology[3]	3	EXSC 4629 Exercise Testing and Interpretation	3
		EXSC 4630 Electrocardiography	3
DISCIPLINARY & INTERDISCIPLINARY DISTRIBUTION REQUIREMENTS:		**Capstone 3 S.H.**	
		EXSC 4625 Org/Adm Exercise Science	3
Humanities: *6 S.H.*		**ACADEMIC MAJOR 42 S.H.**	
ENG 2403 World Literature	3	**Required:** *31 S.H.*	
Select one course from the GE Hum Dist Course List (Fine Arts, Art History, Philosophy, Religion, Foreign Languages (must take 1 and 2 for credit), Music, Theater, or ID	3	EXSC 1500 Intro to Motor Learning	3
		MGS 2030 Business Org/Management	3
Social Sciences: *6 S.H.*		EXSC 2500 Intro to Biomechanics	3
HIST 1062 Worlds of History	3	HED 3231 First Aid/Disaster Prep/Injury Prev. or HED 3232 Emergency Medical Responder	3
PSY 1000 General Psychology	3	AT 3500 Care and Prevention of Athletic Injuries	3
		EXSC 3505 Kinesiology[5]	3
		EXSC 3510 Physiology of Exercise	3
Science and Mathematics: *7 S.H.*		EXSC 3511 Physiology of Exercise Lab	1
MATH/CPS (Options include: MATH 1000, MATH 1010, MATH 1016, MATH 1054, CPS 1031, CPS 1032, CPS 1231)	3	HED 3515 Wellness	3
BIO 1000 Principles of Biology[4]	4	HED 3600 Nutrition	3
		EXSC 4605 Stats in Exercise Science	3
Additional Required Courses: **7 S.H.**		**Physical Activities** *11 S.H.*	
PSY 3110 Life Span Psychology[3]	3	PED Dance Choice (1101, 1103, 1110, 1113)	1
BIOL 2402 Human Physiology & Anatomy[4]	4	EXSC 1108 Pilates	1
Special Notes:		EXSC 1109 Zumba Fitness®	1
Special Notes:		EXSC 1011 Strength Fitness	1
[1] All undergraduate students must satisfy this University Requirement for Graduation by successfully completing one of the following courses at Kean University: GE 1000 Transition to Kean (all freshmen and transfers entering with 0-29 credits), or GE 3000 Transfer Transitions (transfers entering with 30 credits or more).		EXSC 1020 Personal Fitness	1
		EXSC 1021 Personal Fitness II	1
		EXSC 1022 Tai Chi Chih	1
		EXSC 1023 Yoga	1
		EXSC 1130 Cardio Fitness	1
[2] Major Courses and ENG 1030, MATH 1030 and COMM 1402 require a minimum grade of C. Students may be required to take ENG 1025 as a prerequisite for ENG 1030		EXSC 1045 Gymnastics Fitness	2
		FREE ELECTIVES 50% 3000-4000 level 15 S.H.	
[3] PSY 1000 is prerequisite for PSY 3110			3
[4] BIO 1000 is a prerequisite for BIO 2402			3
[5] BIO 2402 is a prerequisite for EXSC 3505			3
[6] EXSC 2800 requires a minimum grade of B-			3
			3
		TOTAL CREDITS: 120	
Advisor Signature:		**Advisor Name:**	

120 Semester Hours (S.H.)

Bachelors of Science in Physical Education/Exercise Science 4 Year Course Sequence

Minimum of 2.0 GPA Required; *2.5 GPA in Academic Major, Capstone, and Professional Education courses*

Freshman Year

FALL			SPRING	
GE 1000/3000 Transition to Kean	1		COMM 1402 Speech Comm	3
ENG 1030 College Composition	3		BIO 1000 Principles of Biology	4
MATH 1030 Problem Solving	3		HIST 1062 Worlds of History	3
PSY 1000 General Psych	3		EXSC 1500 Motor Learning	3
GE HUM	3		EXSC 1109 Zumba Fitness	1
EXSC 1045 Gymnastics Fitness	2		EXSC 1022 Tai Chi Chih	1
	15 S.H.			**15 S.H.**

Sophomore Year

FALL			SPRING	
EXSC 1023 Yoga	1		MATH/CPS *(see guidesheet)*	3
PSY 3110 Lifespan Psychology	3		ENG 2403 World Literature	3
EXSC 2800 Intro to Ex. Sci. Field Exp.	3		EXSC 2500 Biomechanics	3
BIO 2402 Anatomy & Physiology	4		Free Elective	3
GE 2022 Research and Tech	3		EXSC 1130 Cardio Fitness	1
EXSC 1011 Strength Fitness	1		EXSC 1020 Personal Fitness	1
			EXSC 1108 Pilates	1
	15 S.H.			**15 S.H.**

Junior Year

FALL			SPRING	
EXSC 3505 Kinesiology	3			
AT 3500 Care/Prev of Athletic Inj	3		MGS 2030 Bus/Org/Management	3
HED 3231 First Aid	3		EXSC 4626 Prescriptive Ex. Prog	3
HED 3600 Nutrition	3		EXSC 3612 Group Exercise	3
EXSC 3510 Phys of Ex.	3		EXSC 3692 Clin Exp	3
EXSC 3511 Phys of Ex.Lab	1		EXSC 4629 Ex. Testing	3
EXSC 1021 Personal Fit II	1			
	17 S.H.			**15 S.H.**

Senior Year

FALL			SPRING	
EXSC 4605 Stats in Ex. Sci.	3		EXSC 4625 Org/Admin/Ex Sci	3
HED 3515 Wellness	3		EXSC 4627 Clin Prac Ex Sci	3
EXSC 4630 Electrocardiography	3		Free Elective	3
Free Elective	3		Free Elective	3
Free Elective	3		PED Dance option	1
	15 S.H.			**13 S.H.**

YOU MUST BRING THIS EVALUATION AND YOUR KEAN UNIVERSITY TRANSCRIPT TO ALL ADVISING/REGISTRATION SESSIONS.

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