

**KEAN UNIVERSITY – COLLEGE OF EDUCATION
(25140) B.S. EXERCISE SCIENCE: 120 (S.H.)**

For students graduating from Ocean County College with the A.S. in General Studies HPE Concentration and transferring to Kean University

Kean Declaration, Graduation, and Major GPA: 2.5

Kean University Courses are in Blue (60 S.H.) 60 S.H. Ocean County College Courses are in Green (60 S.H.) 60 S.H.

Effective Date: Fall 2020

See the Current Academic Catalog for Requirements to Graduate with Honors

GENERAL EDUCATION:¹ 32 S.H.		ACADEMIC MAJOR:		66 S.H.		
Foundation Requirements: 13 S.H.		Activity Courses (choose any combination to fulfill 5 credits) 5 S.H.				
GE 3000 Transfer Transitions ²		1	EXSC 1022 Tai Chi Chaun I	Any HEHP Course	1	
ENG 1030 College Comp ³	ENGL 151 English I	3	EXSC 1023 Yoga I			
Math 1010 Foundations of Math ³	GEd Math Course (Math 151 or higher preferred)	3	EXSC 1025 Animal Flow	Any HEHP Course	1	
COMM 1402 Speech Comm ³	COMM 154 Fund Of Public Speaking required	3	EXSC 1045 Gymnastics Fitness®			
GE 2022 Research & Technology	ENGL 152 English II	3	EXSC Pilates I	Any HEHP Course	1	
Disciplinary and Interdisciplinary Distribution Courses: 19 S.H.			EXSC 1109 Zumba Fitness®			
			EXSC 1130 Group Fitness	Any HEHP Course	1	
			EXSC 2023 Yoga II			
Humanities: 6 S.H.			PED Dance Option (PED 1101, PED 1103, PED 1110, PED 1113)	Any HEHP Course	1	
ENG 2403 World Literature*	Any GEd Course (ENGL 255/ENG 256 preferred)	3				
Take one "GE Approved" course from one area below:			Major Required Courses:**		55 S.H.	
Fine Arts/Art History	Any GEd Hum. Course (GHUM) preferred	3	EXSC 1500 Intro to Motor Learning		3	
Philosophy or Religion			MGS 2030 Principles of Management	BUSN 271 Principles of Mngmt.	3	
Foreign Languages (Must take 1 and 2 for credit)			EXSC 2500 Intro to Biomechanics		3	
Music or Theatre			EXSC 2800 Intro to Exercise Science (WE)***		3	
Interdisciplinary			HED 3231 First Aid/Disaster Prep/Injury Prev. (or) HED 3232 Emergency Med. Resp.	HEHP 160 First Aid & Safety	3	
Social Science: 6 S.H.			AT 3500 Care and Prevention of Athletic Injuries		3	
HIST 1062 Worlds of History	GEd Hum./Soc. Sci. (GHIST preferred)	3	EXSC 3505 Kinesiology		3	
PSY 1000 General Psychology ⁴	PSYC 172 General Psych	3	EXSC 3510 Physiology of Exercise		3	
Science and Mathematics: 7 S.H.			EXSC 3511 Physiology of Exercise Lab		1	
Math/CPS (Options include: MATH 1030, MATH 1010; Math 1016; 1054 or CPS 1032;1231)	Any Tech Gen. Ed.	3	HED 3515 Wellness		3	
BIO 1000 Principles of Biology ⁵	BIOL 130 Anatomy & Physiology I	4	EXSC 3601 Nutrition for Fitness & Wellness		3	
ADDITIONAL REQUIRED COURSES: 7 S.H.			EXSC 3612 Princ. Pers.& Group Training***		3	
			EXSC 3617 Group & Pers.Train.Lab***		3	
PSY 3110 Lifespan Psychology ⁴	PSYC 278 Lifespan Development	3	EXSC 3692 Clinical Exp. Exercise Science***		3	
BIO 2402 Human Physiology & Anatomy ⁵	BIOL 131 Anatomy & Physiology II	4	EXSC 4605 Stats in Exercise Science		3	
Special Instructions ¹ See pre-requisites and equivalencies in course catalog (on page 2). ² All undergraduate students must satisfy this University requirement for Graduation by successfully completing GE 3000 (transfers entering with 30 credits or more). ³ ENG 1030, MATH 1000, COMM 1402 require a grade of C or better. ⁴ PSY 1000 is a prerequisite for PSY 3110. ⁵ BIO 1000 is a prerequisite for BIO 2402. *G.E. Distribution Courses Required of all majors. **Courses Required by Major. ***Courses require a B- or better.			EXSC 4626 Prescriptive Ex.Programs		3	
			EXSC 4627 Clinical Practice Exercise Science***		3	
			EXSC 4629 Exercise Testing and Interpretation		3	
			EXSC 4630 Electrocardiography		3	
			Major Capstone: 3 S.H.			
			EXSC 4625 Org/Admin Exercise Science***		3	
			FREE ELECTIVES: 50% 3000-4000 level 18 S.H.			
			Optional: EXSC 1996 Intro to Research in Exercise Science		1	
			FEX 1000 Generic Lower Elective	Unused Transferable OCC Course	3	
			FEX 1000 Generic Lower Elective	Unused Transferable OCC Course	3	
	1000-4000 Level Elective	STSC 150 Student Success Sem	2			
	3000-4000 Level Elective	Any HEHP Course	3			
	3000-4000 Level Elective		3			
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By: Jessica Adams & Taylor LaCava

GENERAL EDUCATION AND UNIVERSITY REQUIREMENTS

GENERAL EDUCATION INFORMATION AND REQUIREMENTS

Testing and Placement

Incoming freshmen and transfer students may be placed in specific GE Foundations, Developmental or ESL courses as a result of testing prior to registration. Students may be exempt from testing due to SAT scores or prior college work.

Prerequisites and Equivalencies for GE

Foundations Courses

GE 1000

Required of all freshmen & transfers entering with 0-29 credits
Prereq: None Equiv: ID 1001

GE 3000

Required of transfers entering with 30 credits or more Prereq: 30 credits and ENG 1030

ENG 1030

Prereq: Placement testing or exemption from placement testing
Equiv: ENG 1031/1032, ENG 1033/1034, ENG 1430, ENG 1620, ENG 1020, ENG 1400

MATH 1000 or 1010 or 1016 or 1030

Prereq: MATH 0901 if required by placement testing
Equiv of MATH 1000: MATH 1001/1002, MATH 1003/1004, MATH 1051

MATH 1044 or 1054

Prereq: MATH 0901 if required by placement testing and MATH 1000

COMM 1402

Prereq: CS 0412 if required by placement testing
ENG 1031/1032 or ENG 1033/1034 if required by placement testing May be taken concurrently with ENG 1030
Equiv: COMM 1400

GE 2021- 2026 *Research and Technology* is offered as college-based course
GE 2021

College of BPM GE 2022 College of
EDU GE 2023

College of CLA GE 2024

College of NAHS & NJCSTM & NWGC
GE 2025

SVPA & Michael Graves College
GE 2026

Undecided Majors and other special populations

Prereqs: CS 0412 if required by placement testing ENG 1030 or equivalent COMM 1402

Equiv: GE 2020

GE Distribution Courses

Approved GE Distribution Courses

All courses taken under the General Education Disciplinary/Interdisciplinary Distribution requirements must be selected from the Approved General Education Distribution Course List.

These courses are designated as GEHU, GESS, and GESM. GEH Humanities GESS Social Sciences GESM Science and Mathematics

Required GE Distribution Courses

ENG 2403 is a required Humanities Distribution course with an emphasis on diversity.

Prereq: CS 0412 if required by placement testing; ENG 1030 or equivalent

Equiv: ENG*2203

HIST 1062 is a required Social Sciences Distribution course.

Prereq: None

Foreign Language Credit

The three credits for a foreign language that may satisfy the GE Disciplinary/Interdisciplinary Distribution Requirement are awarded only upon successful completion of the second of two semesters of study at the introductory or intermediate level.

Credit for the first semester may be used as elective credit.

UNIVERSITY REQUIREMENTS

GE 1000/3000 Requirement

All undergraduate students must satisfy this University Requirement for Graduation by successfully completing one of the following courses at Kean University: GE 1000 Transition to Kean (all freshmen and transfers entering with 0-29 credits) or GE 3000 Transfer Transitions (transfers entering with 30 credits or more).

Writing-Emphasis Requirement

All students are required to complete one "Writing- Emphasis" course. The "W-E" course must be within the major portion of your program. Consult your major program advisor for specific information.