

KEAN UNIVERSITY – COLLEGE OF EDUCATION (25140) ADVANCED STANDING B.S. EXERCISE SCIENCE: 120 (S.H.)

For students graduating from Ocean County College with the A.S. in General Studies HPE Concentration & Cert of Prof Nutrition and transferring to Kean University

Kean Declaration, Graduation, and Major GPA: 2.5

Kean University Courses are in Blue 35-38 S.H. Ocean County College Courses are in Green 82-85 S.H.

Effective Date: Fall 2020

See the Current Academic Catalog for Requirements to Graduate with Honors

GENERAL EDUCATION: ¹ 32 S.H. Foundation Requirements: 13 S.H.			ACADEMIC MAJOR: Activity Courses (choose any combination to fulfill 5 credits) 5 S.H.			60 S.H.		
GE 3000 Transfer Transitions ²		1	EXSC 1022 Tai Chi Chaun I		HEHP 100 Aerobic Conditioning HEHP 101 Weight Train/Body Build Any HEHP Credits	5		
ENG 1030 College Comp ³	ENGL 151 English I	3	EXSC 1023 Yoga I					
Math 1010 Foundations of Math ³	GEd Math Course (Math 151 or higher preferred)	3	EXSC 1025 Animal Flow®					
COMM 1402 Speech Comm ³	COMM 154 Fund Of Public Speaking required	3	EXSC 1045 Gymnastics Fitness					
GE 2022 Research & Technology	ENGL 152 English II	3	EXSC Pilates I					
Disciplinary and Interdisciplinary Distribution Courses: 19 S.H.			EXSC 1109 Zumba Fitness®					
			EXSC 1130 Group Fitness					
			EXSC 2023 Yoga II					
Humanities: 6 S.H.			EXSC 2023 Yoga II					
ENG 2403 World Literature*	Any GEd Course(ENGL 255/ENG 256 preferred)	3	PED Dance					
Take one "GE Approved" course from one area below:			Major Required Courses:**			55 S.H.		
Fine Arts/Art History	Any GEd Hum. Course (GHUM) preferred	3	EXSC 1500 Intro to Motor Learning		HEHP 239 Strength/Cond Phys.		3	
Philosophy or Religion			MGS 2030 Principles of Management		HEHP 267 Sport Management		3	
Foreign Lang. (Must take 1&2)			EXSC 2500 Intro to Biomechanics		HEHP 238 Mngmt & Rehab		3	
Music or Theatre			EXSC 2800 Intro to Exercise Science (WE)***				3	
Interdisciplinary			HED 3231 First Aid or HED 3232 EMR		HEHP 160 First Aid & Safety		3	
Social Science: 6 S.H.			AT 3500 Care/Pre. Athletic Injuries		HEHP 228 Care/Prev Athletic Inj		3	
HIST 1062 Worlds of History	GEd Hum./Soc. Sci. (SOCI 181//GHIST)	3	EXSC 3505 Kinesiology		3			
PSY 1000 General Psychology ⁴	PSYC 172 General Psych	3	EXSC 3510 Physiology of Exercise		3			
Science and Mathematics: 7 S.H.			EXSC 3511 Physiology of Exercise Lab		1			
Math/CPS (MATH 1030, 1010; 1016; 1054 or CPS 1032;1231)	Any Tech Gen Ed (CSIT 123 Integrated Office Software) OR MATH 156 Intro to Statistics	3	HED 3515 Wellness		3			
BIO 1000 Principles of Biology ⁵	BIOL 130 Anatomy & Physiology I	4	EXSC 3601 Nutrition Fitness/Well		HEHP 252 Nutrition Fitness/Sport		3	
ADDITIONAL REQUIRED COURSES: 7 S.H.			EXSC 3612 Princ. Pers.& Group Training***		3			
PSY 3110 Lifespan Psychology ⁴	PSYC 278 Lifespan Development	3	EXSC 3617 Group & Pers.Train.Lab***		3			
BIO 2402 Human Phys/ Anatomy ⁵	BIOL 131 Anatomy & Physiology II	4	EXSC 3692 Clinical Exp. Ex. Sci***		HEHP 266 Ex & Health Counseling		3	
Special Instructions ¹ See prerequisites and equivalencies in course catalog (on page 2). ² All undergraduate students must satisfy this University requirement for Graduation by successfully completing GE 3000 (transfers entering with 30 credits or more). ³ ENG 1030, MATH 1000, COMM 1402 require a grade of C or better. ⁴ PSY 1000 is a prerequisite for PSY 3110. ⁵ BIO 1000 is a prerequisite for BIO 2402. *G.E. Distribution Courses Required of all majors. **Courses Required by Major. ***Courses require a B- or better.			EXSC 4605 Stats in Exercise Science		3			
			EXSC 4626 Prescriptive Ex.Programs		3			
			EXSC 4627 Clin Prac. Ex Sc Sci***		BIOL 114 Princ. Biological Science		3	
			EXSC 4629 Exercise Testing and Interpretation		3			
			EXSC 4630 Electrocardiography		3			
			Major Capstone: 3 S.H.					
			EXSC 4625 Org/Admin Exercise Science***		3			
			FREE ELECTIVES: 50% 3000-4000 level 18 S.H.					
			Optional: EXSC 1996 Research		Unused Transferable OCC Credit		1	
			FEX 1000 Generic Lower Elective		Unused Transferable OCC Credit		3	
FEX 1000 Generic Lower Elective		Unused Transferable OCC Credit		3				
1000-4000 Level Elective		STSC 150 Student Success Sem		2				
3000-4000 Level Elective		Unused Transferable OCC Credit		3				
3000-4000 Level Elective		HEHP 188 Introduction to Nutrition		3				
3000-4000 Level Elective		HEHP 225 Contemporary Health		3				

GENERAL EDUCATION AND UNIVERSITY REQUIREMENTS

GENERAL EDUCATION INFORMATION AND REQUIREMENTS

Testing and Placement

Incoming freshmen and transfer students may be placed in specific GE Foundations, Developmental or ESL courses as a result of testing prior to registration. Students may be exempt from testing due to SAT scores or prior college work.

Prerequisites and Equivalencies for GE

Foundations Courses

GE 1000

Required of all freshmen & transfers entering with 0-29 credits

Prereq: None
Equiv: ID 1001

GE 3000

Required of transfers entering with 30 credits or more
Prereq: 30 credits and ENG 1030

ENG 1030

Prereq: Placement testing or exemption from placement testing

Equiv: ENG 1031/1032, ENG 1033/1034, ENG 1430, ENG 1620, ENG 1020, ENG 1400

MATH 1000 or 1010 or 1016 or 1030

Prereq: MATH 0901 if required by placement testing

Equiv of MATH 1000: MATH 1001/1002, MATH 1003/1004, MATH 1051

MATH 1044 or 1054

Prereq: MATH 0901 if required by placement testing and MATH 1000

COMM 1402

Prereq: CS 0412 if required by placement testing

ENG 1031/1032 or ENG 1033/1034 if

required by placement testing May be taken concurrently with ENG 1030

Equiv: COMM 1400

GE 2021- 2026 *Research and Technology* is offered as

college-based course

GE 2021

College of BPM GE 2022 College of

EDU GE 2023

College of CLA GE 2024

College of NAHS & NJCSTM & NWGC

GE 2025

SVPA & Michael Graves College

GE 2026

Undecided Majors and other special populations

Prereqs: CS 0412 if required by placement testing ENG 1030 or equivalent COMM 1402

Equiv: GE 2020

GE Distribution Courses

Approved GE Distribution Courses

All courses taken under the General Education Disciplinary/Interdisciplinary Distribution requirements must be selected from the Approved General Education Distribution Course List.

These courses are designated as GEHU, GESS, and GESM. GEH Humanities GESS Social Sciences GESM Science and Mathematics

Required GE Distribution Courses

ENG 2403 is a required Humanities Distribution course with an

emphasis on diversity.

Prereq: CS 0412 if required by placement testing; ENG 1030 or equivalent

Equiv: ENG*2203

HIST 1062 is a required Social Sciences Distribution course.

Prereq: None

Foreign Language Credit

The three credits for a foreign language that may satisfy the GE Disciplinary/Interdisciplinary Distribution Requirement are awarded only upon successful completion of the second of two semesters of study at the introductory or intermediate level.

Credit for the first semester may be used as elective credit.

UNIVERSITY REQUIREMENTS

GE 1000/3000 Requirement

All undergraduate students must satisfy this University

Requirement for Graduation by successfully completing one of the following courses at Kean University: GE 1000 Transition to Kean (all freshmen and transfers entering with 0-29 credits) or GE 3000 Transfer Transitions (transfers entering with 30 credits or more).

Writing-Emphasis Requirement

All students are required to complete one "Writing- Emphasis" course. The "W-E" course must be within the major portion of your program. Consult your major program advisor for specific information