KEAN UNIVERSITY - COLLEGE OF EDUCATION
(25101) B.A. IN PHYSICAL EDUCATION/ADULT FITNESS 136 S.H.
EFFECTIVE 09/02

Name_____
Student I.D. #_____
Start Term_____

Transfer Institutions (X) CREDITS

_____ _____
_____ _____
_____ _____
In Progress ( )_____ _____
Kean University_____ _____

ID 1001 Freshman Seminar _____ 1___

GENERAL EDUCATION REQUIREMENTS
51-53 S.H.

FOUNDATIONS REQUIREMENTS 12-15 S.H.

ENG 1030 College Composition_____ 3____
MATH 1000 Algebra for Coll.Students_____ 3____
COMM 1402 Speech Communication as
Critical Citizenship_____ 3____
GE 2022 Research & Technology_____ 3____
_____ (3)____

DISCIPLINARY/INTERDISCIPLINARY DISTRIBUTION REQUIREMENTS:

HUMANITIES 9 S.H.
ENG 2403 World Literature_____ 3____
Select two courses from different areas:
Fine Arts or Art History_____ 3____

Foreign Languages_____ 3____
Music or Theatre_____ 3____

SOCIAL SCIENCES 9 S.H.
HIST 1000 History of Civil Society in
America_____ 3____
PSY 1000 General Psychology_____ 3____
SOC 1000 Intro to Sociology_____ 3____

SCIENCE AND MATHEMATICS 11 S.H.
MATH/CPS_____ 3____

BIO 1000 Principles of Biology_____ 4____
BIO 2402 Anatomy & Physiology_____ 4____

HEALTH & PHYSICAL EDUC. 4 S.H.
ID 1225 Issues Contemporary Health_____ 3____
PED 1151 Folk & Square Dance_____ 1____
CONCENTRATION 6-8 S.H.
_____ 3____
_____ 3____
See Department Advisor for Selection of
Concentration Courses

ADDITIONAL REQUIREMENTS 6 S.H.

PSY 2100 Child Psychology_____ 3___

ID 2950 Technology and the Young Child_____ 3___

CAPSTONE COURSE 3 S.H.
PED 4625 Org./Adm.of Adult Fitness Prgm._____ 3___

MAJOR REQUIREMENTS 64 S.H
PED 1500 Intro to Motor Learning_____ 3____
PED 2500 Biomechanics_____ 3____
PED 2030 Business Organ. & Management_____ 3____
PED 2520 Intro to Athletic Training_____ 3____
PED 2800 Pre-Prof. Field Experince_____(WE) 3____
HED 3231 First Aid & Accident Prevention_____ 3____
PED 3505 Kinesiology _____ 3____
PED 3510 Physiology of Exercise_____ 3____

HED 3600 Nutrition_____ 3____
HED 3612 Group & Personal Exer.Prog._____ 3____
PED 3692 Jr. Field Experience Fitness_____ 3____
HED 4231 First Aid Instructor_____ 3____
PED 4600 Adapted Physical Education_____ 3____

PED 4605 Evaluation in Physical Education_____ 3____

PED 4626 Prescriptive Exercise Programs_____ 3____
PED 4627 Adult Fitness Internship_____ 3____
PED 4629 Exercise Testing &Interpretation_____ 3____
PED 4630 Electrocardiography_____ 3____

PED Movement Forms 12 S.H.
(see other side)

*Movement Forms (12 S.H.)

Dance - select one S.H:
PED 1101 Beginning Modern Dance
PED 1103 Beginning Jazz Dance
PED 2101 Intermediate Jazz Dance
PED 2102 Intermediate Modern Dance
_____1_

Gymnastics - select two S.H:
PED 1045 Beginning Gymnastics (Men's Ev.)
PED 1047 Beginning Gymnastics (Women's Ev.)
PED 2048 Intermediate Gymnastics (Mixed Ev.)
_____2

Team Sports - select three s.h.:
PED 1010 Beginning Basketball
PED 1030 Beginning Field Hockey
PED 1035 Beginning Football
PED 1055 Lacrosse
PED 1065 Beginning Soccer
PED 1070 Beginning Softball
PED 1075 Speedball
PED 1095 Beginning Volleyball
PED 2010 Intermediate Basketball
PED 2030 Intermediate Field Hockey
PED 2035 Intermediate Football
PED 2065 Intermediate Soccer
PED 2095 Intermediate Volleyball
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1_____
1_____

(*SEE PHYSICAL EDUCATION MAJORS HANDBOOK ABOUT SWIMMING REQUIREMENTS)

*Individual Sports - select three S.H:
PED 1000 Beginning Archery
PED 1005 Badminton
PED 1015 Bowling
PED 1021 Personal Fitness II
PED 1022 Tai Chi Chih
PED 1023 Yoga
PED 1025 Beginning Fencing
PED 1040 Beginning Golf
PED 1080 Beginning Swimming
PED 1081 Intermediate Swimming
PED 1088 Beginning Tennis
PED 1091 Racquetball I
PED 1092 Track & Field
PED 1098 Wrestling
PED 1107 Creative Movements
PED 2000 Intermediate Archery
PED 2025 Intermediate Fencing
PED 2040 Intermediate Golf
PED 2082 Advanced Swimming Skills
PED 2083 American Red Cross Sr Lifesaving
PED 2084 Swimming Fitness
PED 2088 Intermediate Tennis

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Required - (3 S.H.)
PED 1011 Strength Fitness
PED 1020 Personal Fitness
PED 1130 Aerobic Dance
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_____
_____

Free Electives – (12 -17 S.H.)
_____3
_____ 3
_____3
_____3

_____ _____
Evaluator's signature date

PLEASE NOTE: MINOR ADJUSTMENTS MAY BE REQUIRED ON THIS TRANSFER CREDIT EVALUATION BASED ON FINAL APPROVAL OF CURRICULUM GUIDE-SHEETS BY UNIVERSITY.