

**KEAN UNIVERSITY - COLLEGE OF EDUCATION**  
**(25101) B.A. IN PHYSICAL EDUCATION/ADULT FITNESS 136 S.H.**  
**EFFECTIVE 09/02**

Name \_\_\_\_\_  
 Student I.D. # \_\_\_\_\_  
 Start Term \_\_\_\_\_

Transfer Institutions (X) CREDITS  
 \_\_\_\_\_  
 \_\_\_\_\_  
 In Progress ( ) \_\_\_\_\_  
 Kean University \_\_\_\_\_

ID 1001 Freshman Seminar \_\_\_\_\_ 1 \_\_\_\_\_

**ADDITIONAL REQUIREMENTS 6 S.H.**

**GENERAL EDUCATION REQUIREMENTS**  
**51-53 S.H.**

PSY 2100 Child Psychology \_\_\_\_\_ 3 \_\_\_\_\_

ID 2950 Technology and the Young Child \_\_\_\_\_ 3 \_\_\_\_\_

**FOUNDATIONS REQUIREMENTS 12-15 S.H.**

ENG 1030 College Composition \_\_\_\_\_ 3 \_\_\_\_\_  
 MATH 1000 Algebra for Coll.Students \_\_\_\_\_ 3 \_\_\_\_\_  
 COMM 1402 Speech Communication as  
 Critical Citizenship \_\_\_\_\_ 3 \_\_\_\_\_  
 GE 2022 Research & Technology \_\_\_\_\_ 3 \_\_\_\_\_  
 \_\_\_\_\_ (3) \_\_\_\_\_

**CAPSTONE COURSE 3 S.H.**  
 PED 4625 Org./Adm.of Adult Fitness Prgm. \_\_\_\_\_ 3 \_\_\_\_\_

**DISCIPLINARY/INTERDISCIPLINARY**  
**DISTRIBUTION REQUIREMENTS:**  
**HUMANITIES 9 S.H.**

ENG 2403 World Literature \_\_\_\_\_ 3 \_\_\_\_\_  
 Select two courses from different areas:  
 Fine Arts or Art History \_\_\_\_\_ 3 \_\_\_\_\_  
 Foreign Languages \_\_\_\_\_ 3 \_\_\_\_\_  
 Music or Theatre \_\_\_\_\_ 3 \_\_\_\_\_

**MAJOR REQUIREMENTS 64 S.H**

PED 1500 Intro to Motor Learning \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 2500 Biomechanics \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 2030 Business Organ. & Management \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 2520 Intro to Athletic Training \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 2800 Pre-Prof. Field Experince \_\_\_\_\_ (WE) 3 \_\_\_\_\_  
 HED 3231 First Aid & Accident Prevention \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 3505 Kinesiology \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 3510 Physiology of Exercise \_\_\_\_\_ 3 \_\_\_\_\_

**SOCIAL SCIENCES 9 S.H.**

HIST 1000 History of Civil Society in  
 America \_\_\_\_\_ 3 \_\_\_\_\_  
 PSY 1000 General Psychology \_\_\_\_\_ 3 \_\_\_\_\_  
 SOC 1000 Intro to Sociology \_\_\_\_\_ 3 \_\_\_\_\_

HED 3600 Nutrition \_\_\_\_\_ 3 \_\_\_\_\_  
 HED 3612 Group & Personal Exer.Prog. \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 3692 Jr. Field Experience Fitness \_\_\_\_\_ 3 \_\_\_\_\_  
 HED 4231 First Aid Instructor \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 4600 Adapted Physical Education \_\_\_\_\_ 3 \_\_\_\_\_

**SCIENCE AND MATHEMATICS 11 S.H.**

MATH/CPS \_\_\_\_\_ 3 \_\_\_\_\_

PED 4605 Evaluation in Physical Education \_\_\_\_\_ 3 \_\_\_\_\_

BIO 1000 Principles of Biology \_\_\_\_\_ 4 \_\_\_\_\_  
 BIO 2402 Anatomy & Physiology \_\_\_\_\_ 4 \_\_\_\_\_

PED 4626 Prescriptive Exercise Programs \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 4627 Adult Fitness Internship \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 4629 Exercise Testing & Interpretation \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 4630 Electrocardiography \_\_\_\_\_ 3 \_\_\_\_\_

**HEALTH & PHYSICAL EDUC. 4 S.H.**

ID 1225 Issues Contemporary Health \_\_\_\_\_ 3 \_\_\_\_\_  
 PED 1151 Folk & Square Dance \_\_\_\_\_ 1 \_\_\_\_\_

PED Movement Forms \_\_\_\_\_ 12 S.H.  
 (see other side)

**CONCENTRATION 6-8 S.H.**  
 \_\_\_\_\_ 3 \_\_\_\_\_  
 \_\_\_\_\_ 3 \_\_\_\_\_

See Department Advisor for Selection of  
 Concentration Courses

\*Movement Forms (12 S.H.)

Dance - select one S.H:

- PED 1101 Beginning Modern Dance
- PED 1103 Beginning Jazz Dance
- PED 2101 Intermediate Jazz Dance
- PED 2102 Intermediate Modern Dance

\_\_\_\_\_ 1

Gymnastics - select two S.H:

- PED 1045 Beginning Gymnastics (Men's Ev.)
- PED 1047 Beginning Gymnastics (Women's Ev.)
- PED 2048 Intermediate Gymnastics (Mixed Ev.)

\_\_\_\_\_ 2

Team Sports - select three s.h.:

- PED 1010 Beginning Basketball
- PED 1030 Beginning Field Hockey
- PED 1035 Beginning Football
- PED 1055 Lacrosse
- PED 1065 Beginning Soccer
- PED 1070 Beginning Softball
- PED 1075 Speedball
- PED 1095 Beginning Volleyball
- PED 2010 Intermediate Basketball
- PED 2030 Intermediate Field Hockey
- PED 2035 Intermediate Football
- PED 2065 Intermediate Soccer
- PED 2095 Intermediate Volleyball

1

1

1

(\*SEE PHYSICAL EDUCATION MAJORS  
HANDBOOK ABOUT SWIMMING  
REQUIREMENTS)

\*Individual Sports - select three S.H:

- PED 1000 Beginning Archery
- PED 1005 Badminton
- PED 1015 Bowling
- PED 1021 Personal Fitness II
- PED 1022 Tai Chi Chih
- PED 1023 Yoga
- PED 1025 Beginning Fencing
- PED 1040 Beginning Golf
- PED 1080 Beginning Swimming
- PED 1081 Intermediate Swimming
- PED 1088 Beginning Tennis
- PED 1091 Racquetball I
- PED 1092 Track & Field
- PED 1098 Wrestling
- PED 1107 Creative Movements
- PED 2000 Intermediate Archery
- PED 2025 Intermediate Fencing
- PED 2040 Intermediate Golf
- PED 2082 Advanced Swimming Skills
- PED 2083 American Red Cross Sr Lifesaving
- PED 2084 Swimming Fitness
- PED 2088 Intermediate Tennis

\_\_\_\_\_ 1

\_\_\_\_\_ 1

\_\_\_\_\_ 1

Required - (3 S.H.)

- PED 1011 Strength Fitness
- PED 1020 Personal Fitness
- PED 1130 Aerobic Dance

Free Electives - (12 -17 S.H.)

\_\_\_\_\_ 3

\_\_\_\_\_ 3

\_\_\_\_\_ 3

\_\_\_\_\_ 3

\_\_\_\_\_  
Evaluator's signature

\_\_\_\_\_  
date

**PLEASE NOTE: MINOR ADJUSTMENTS MAY BE REQUIRED ON THIS TRANSFER CREDIT EVALUATION BASED ON FINAL APPROVAL OF CURRICULUM GUIDE-SHEETS BY UNIVERSITY.**

