

For students graduating from Ocean County College with the A.A. in Liberal Arts OR the A. S. in General Studies with Health and Human Performance Conc. and transferring to Kean University

**Kean University Courses are in Blue (57 S.H.) Ocean County College Courses are in Green (63 S.H.)**

**EFFECTIVE DATE: Fall 2018**

2.0 GPA requirement to declare major, 2.5 GPA GPA in Academic Major, Capstone, and Prof Ed courses

GENERAL EDUCATION REQUIREMENTS: 32 S.H.				PROFESSIONAL EDUCATION REQUIREMENTS <sup>1</sup> : 21 S.H.		
<b>Foundation Requirements: 13 S.H.</b>				EXSC 2800 Intro to Exercise Science <sup>6</sup>		
GE 3000 Transfer Transitions				1	EXSC 3612 Group and Personal Exercise Program (With EXSC 3692)	
ENG 1030 English Comp <sup>1</sup>	ENGL 151 English I <sup>1</sup>	3	EXSC 3692 Clinical Exp. in Ex. Sci. With EXSC 3612)	HEHP 290 HHP Internship	3	
MATH 1030 Problem Solving <sup>1</sup>	MATH 151 Survey of Math (or higher) <sup>1</sup>	3	EXSC 4626 Prescriptive Exercise Programs		3	
COMM 1402 Speech Comm <sup>1</sup>	COMM 154 Public Speaking <sup>1</sup>	3	EXSC 4627 Clinical Practice in Exercise Science		3	
GE 2022 Research/Tech	ENGL 152 English II	3	EXSC 4629 Exercise Testing and Interpretation		3	
				EXSC 4630 Electrocardiography		
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<b>DISCIPLINARY &amp; INTERDISCIPLINARY DISTRIBUTION COURSES</b>				<b>Capstone<sup>1</sup>: 3 S.H.</b>		
<b>Humanities: 6 S.H.</b>				EXSC 4625 Org/Adm Global Fit/Well Prog		
ENG 2403 World Literature	General Education Literature (GHUM)	3				
Select <b>ONE</b> course from below				<b>Academic Major<sup>1</sup>: 42 S. H.</b>		
Fine Arts/Art History	Select one course from OCC list of GHUM courses, excluding English and History. Note: Credit for a foreign language is granted upon completion of 6 credits of the same language, with 3 credits applied here and 3 credits applied to free electives	3	<b>Core Requirements<sup>1</sup>: 31 S.H.</b>			
Philosophy or Religion			EXSC 1500 Intro to Motor Learning			3
Foreign Languages			EXSC 2500 Intro to Biomechanics			3
Music or Theatre			EXSC 3505 Kinesiology <sup>4</sup>			3
Interdisciplinary			EXSC 3510 Physiology of Exercise			3
				EXSC 3511 Physiology of Exercise Lab		
<b>Social Sciences: 6 S.H.</b>				MGS 2030 Business Org & Mgmt	BUSN 131 Intro Bus Mgmt or BUSN 271 Princip of Mgmt	3
HIST 1062 Worlds of History	General Education History (GHIS)	3	PED 3500 Care & Prevention of Athletic Injuries	HEHP 228 Care & Prev. Athletic Injuries	3	
PSY 1000 General Psychology <sup>2</sup>	PSYC 172 General Psychology <sup>2</sup>	3	EXSC 4605 Stats in Exercise Science		3	
				HED 3600 Nutrition		
<b>Science and Mathematics: 7 S.H.</b>				HED 3231 First Aid/ Acc Prev or HED 3232 Emergency Med Resp	HEHP 160 First Aid & Safety	3
MATH 1010;1016;1054 or CPS 1032; 1231	MATH 156 Statistics or higher	3	HED 3515 Wellness		3	
BIO 1000 Principles of Biology <sup>3</sup>	BIOL 130 Anat. & Phys. I <sup>3</sup>	4	<b>Physical Activities<sup>1</sup>: 11 S.H.</b>			
				EXSC 1045 Gymnastics Fitness	HEHP 239 Strength & Cond. Phys. (3 credits)	2
<b>ADDITIONAL REQUIRED COURSES: 7 S. H.</b>				EXSC 1011 Strength Fitness		1
PSY 3110 Life Span Psychology <sup>2</sup>	PSYC 278 Life-Span Development <sup>2</sup>	3	EXSC 1020 Personal Fitness		1	
BIO 2402 Human Physio & Anat <sup>3,4</sup>	BIOL 131 Anat. & Phys. II <sup>3,4</sup>	4	EXSC 1021 Personal Fit II/Activity <sup>6</sup>	HEHP 266 Exercise & Health Counseling (3 credits)	1	
				PED 11XX Dance of Choice		1
<b>Special Notes:</b>				EXSC 1109 Zumba Fitness ®		1
<sup>1</sup> All undergraduate students must satisfy this University Requirement for Graduation by successfully completing one of the following courses at Kean University: GE 1000 Transition to Kean (all freshmen and transfers entering with 0-29 credits), or GE 3000 Transfer Transitions (transfers entering with 30 credits or more).				EXSC 1130 Cardio Fitness		1
<sup>2</sup> Major Courses and ENG 1030, MATH 1030 and COMM 1402 require a minimum grade of C. Students may be required to take ENG 1025 as a prerequisite for ENG 1030				EXSC 1022 T'ai Chi Chih	Any unused OCC HEHP course	1
<sup>3</sup> PSY 1000 is prerequisite for PSY 3110				EXSC 1023 Yoga		1
<sup>4</sup> BIO 1000 is a prerequisite for BIO 2402				EXSC 1108 Pilates		1
<sup>5</sup> BIO 2402 is a prerequisite for EXSC 3505						
<sup>6</sup> EXSC 2800 requires a minimum grade of B-						
				<b>FREE ELECTIVES: 15 S.H. 50% must be at the 3000-4000 level</b>		
				FEX 1000 Generic Lower Elective	Unused transferrable OCC course	3
				FEX 1000 Generic Lower Elective	Unused transferrable OCC course	3
				Upper Division Elective (Any 3000/4000)		3
				Upper Division Elective (Any 3000/4000)		3
Adviser Name:				Upper Division Elective (Any 3000/4000)		3
Adviser Signature:				<b>TOTAL CREDITS</b>		<b>120 S. H.</b>



