



KEAN

College of Health Professions & Human Services

COUNSELOR EDUCATION DEPARTMENT

Student Learning Outcomes/Program Objectives

Upon graduation from the Counselor Education Department students will be able to:

PROGRAMMATIC

- A. Explain the philosophy, role, current trends and evidence based/best practices of the counseling profession (CACREP 2.F.1; 2.F.5);
- B. Explain the nature and needs of individuals across the lifespan (CACREP 2.F.3);
- C. Describe the impact of sociological, economic and multicultural factors on counseling (CACREP 2.F.2);
- D. Apply individual and group counseling theories to facilitate individual, group and career counseling (CACREP 2.F.4; 2.F.5; 2.F.6)
- E. Apply lifestyle and career development theories and career assessment tools (CACREP 2.F.4);
- F. Conduct, interpret and utilize professional research and existing data (CACREP 2.F.7; 2.F.8);
- G. Administer appraisal and assessment instruments in counseling (CACREP 2.F.7);
- H. Apply professional, legal and ethical standards in counseling (CACREP 2.F.1);
- I. Practice social justice advocacy for clients (CACREP 2.F.2);
- J. Collaborate with key constituents in their particular settings (CACREP 2.F.5; 2.F.6); and;
- K. Identify personal own limitations, seek supervision and participate in professional development (CACREP 2.F.1).

SCHOOL COUNSELING

- A. Practice advocacy for appropriate role and functions of the school counselor (CACREP 5.G.1)
- B. Differentiates the developmental needs of elementary, middle, high school and special education students (CACREP 5.G.2)
- C. Develop, implement, and assess a comprehensive school counseling program that addresses prevention and remediation (CACPEP 5.G.3)

CLINICAL MENTAL HEALTH COUNSELING

- A. Diagnose, develop a treatment plan, and understand the range of mental health service delivery options (CACREP 5.C.1);
- B. Apply prevention, education and advocacy to promote optimal human functioning, wellness, and mental health (CACREP 5.C.2); and
- C. Diagnose clients with co-occurring disorders, consider appropriate counseling strategies, and how co-occurring disorders impact treatment in a continuum of care (CACREP 5.C.3).

COLLEGE COUNSELING AND STUDENT SERVICES

- A. Describe the history and development of college counseling and student affairs; roles, professional organizations, preparation standards, and credentials; collaboration with other institutional units (CACREP 5. E. 1. a, c; E. 2. b, c, o; E. 3. a, e)
- B. Develop and evaluate comprehensive policies, procedures, programming, and student resources including ethical and legal practice (CACREP 5. E. 2. a, h, l, m, n)
- C. Apply research and evidence-based practices for violence and addiction prevention model and the treatment of mental health, and behavioral issues (CACREP 5. E. 1. a; E. 2. a, d, e, f, g, j, n, p; E. 3. d)
- D. Describe current cultural, political, and ecological trends in higher education settings and barriers to learning including organization culture and the influence of learning styles and other factors related to unique needs of diverse individuals in higher education environments (CACREP 5. E. 2. g, i, m)
- E. Utilize leadership, counseling, advocacy, and developmental theories, models, and strategies to assist and advocate for students in higher education settings with personal, social, academic, career, and identity development (CACREP 5. E. 2.n; 3. b)

ALCOHOL AND DRUG COUNSELING

- A. Apply alcohol and drug abuse counseling theories in counseling individuals and families with alcohol and/or drug abuse problems (K, S, D)
- B. Understand basic concepts of pharmacology and its relationship to dependency and addiction, and its use in client education (K, S)

- C. Demonstrate understanding of disease concept/etiology of addiction and the potential for substance use disorders to mimic, impact and coexist with other medical and psychological disorders (CMHC A.6; C.4; K.3) (K)
- D. Demonstrate knowledge and application of the tasks of alcohol and drug abuse assessment (including danger to self or others), the assessment of co-occurring mental disorders, and assessment of stage of change and recovery to determine treatment (CMHC G.4, H.3, H.4) (K, S, D)
- E. Identify the ethical considerations involved in alcohol and drug abuse counseling (K, S)
- F. Knows the principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning (CMHC C.7)
- G. Recognizes the importance of social networks, family, and community systems in the treatment of mental and emotional disorders. (CMHC C.8)
- H. Demonstrates appropriate use of culturally responsive counseling modalities and appropriate counseling strategies for initiating, maintaining, and terminating counseling for clients with addiction or co-occurring disorders (CMHC D.5, D.8)