

**KEAN UNIVERSITY – COLLEGE OF EDUCATION
(25140) B.S. EXERCISE SCIENCE: 120 (S.H.)**

For students graduating from Ocean County College with the A.S. in General Studies HPE Concentration and transferring to Kean University

Kean Declaration, Graduation, and Major GPA: 2.5

Kean University Courses are in Blue (60 S.H.) Ocean County College Courses are in Green (60 S.H.)

Effective Date: Fall 2020

See the Current Academic Catalog for Requirements to Graduate with Honors

GENERAL EDUCATION ¹ Foundation Requirements:		32 S.H. 13 S.H.	ACADEMIC MAJOR		60 S.H.			
			Activity Courses (choose any combination to fulfill 5 credits)		5 S.H.			
GE 3000 Transfer Transitions ²		1	EXSC 1022 Tai Chi Chaun I	Any HEHP Course	1			
ENG 1030 College Composition ³	ENGL 151 English I	3	EXSC 1023 Yoga I					
Math 1010 Algebra for College Students ³	MATH 151 or Higher	3	EXSC 1025 Animal Flow [®]	Any HEHP Course	1			
COMM 1402 Speech Communication	COMM 154 Fund of Public Speaking	3	EXSC 1045 Gymnastics Fitness					
GE 2022 Research & Technology	ENGL 152 English II	3	EXSC Pilates I	Any HEHP Course	1			
DISCIPLINARY & INTERDISCIPLINARY DISTRIBUTION REQUIREMENTS 19 S.H.			EXSC 1109 Zumba Fitness [®]					
			EXSC 1130 Group Fitness	Any HEHP Course	1			
			EXSC 2023 Yoga II					
Humanities:		6 S.H.						
ENG 2403 World Literature	Humanities Gen Ed (Lit Preferred)	3	PED Dance Option (PED 1101, PED 1103, PED 1110, PED 1113)	Any HEHP Course	1			
Take one "GE Approved" course from one area below:			Major Required Courses** 55 S.H.					
Fine Arts/Art History	Humanities Gen Ed	3	EXSC 1500 Intro to Motor Learning		3			
Philosophy or Religion			MGS 2030 Principles of Management	BUSN 271 Principles of Mngmt.	3			
Foreign Languages (I & II)			EXSC 2500 Intro to Biomechanics		3			
Music or Theatre			EXSC 2800 Intro to Exercise Science (WE)***		3			
Interdisciplinary			HED 3231 First Aid/Disaster Prep/Injury Prev. OR HED 3232 Emergency Medical Resp.	HEHP 160 First Aid & Safety	3			
Social Science:		6 S.H.	AT 3500 Care and Prevention of Athletic Injuries 3					
HIST 1062 Worlds of History	Hum/Soc Sci Gen Ed (HIST Preferred)	3	EXSC 3505 Kinesiology		3			
PSY 1000 General Psychology ⁴	PSYC 172 General Psychology	3	EXSC 3510 Physiology of Exercise		3			
Science and Mathematics:		7 S.H.	EXSC 3511 Physiology of Exercise Lab 1					
Math/CPS (MATH 1030, MATH 1010; MATH 1016; 1054 or CPS 1032;1231)	Technology Gen Ed	3	HED 3515 Wellness		3			
BIO 1000 Principles of Biology ⁵ or higher	BIOL 130 Anatomy & Physiology I	4	EXSC 3601 Nutrition for Fitness & Wellness		3			
Additional Required Courses:		7 S.H.	EXSC 3612 Princ. Pers.& Group Training*** 3					
PSY 3110 Lifespan Psychology ⁴	PSYC 278 Lifespan Development	3	EXSC 3617 Group & Pers.Train.Lab***		3			
BIO 2402 Human Physiology & Anatomy ⁵ or higher	BIOL 131 Anatomy & Physiology II	4	EXSC 3692 Clinical Exp. Exercise Science***		3			
Special Instructions ¹ See pre-requisites and equivalencies in course catalog (on page 2). ² All undergraduate students must satisfy this University requirement for Graduation by successfully completing GE 3000 (transfers entering with 30 credits or more). ³ ENG 1030, MATH 1000, COMM 1402 require a grade of C or better. ⁴ PSY 1000 is a prerequisite for PSY 3110. ⁵ BIO 1000 is a prerequisite for BIO 2402. *G.E. Distribution Courses Required of all majors. **Courses Required by Major. ***Courses require a B- or better.			EXSC 4605 Stats in Exercise Science		3			
			EXSC 4626 Prescriptive Ex.Programs		3			
			EXSC 4627 Clinical Practice Exercise Science***		3			
			EXSC 4629 Exercise Testing and Interpretation		3			
			EXSC 4630 Electrocardiography		3			
			Major Capstone Course		3 S.H.			
			EXSC 4625 Org/Admin Exercise Science***		3			
			FREE ELECTIVES: 50% 3000-4000 level			18 S.H.		
			Optional: EXSC 1996 Intro to Research in Exercise Science					1
			FEX 1000 Generic Lower Elective	Unused Transferable OCC Course	3			
FEX 1000 Generic Lower Elective	Unused Transferable OCC Course	3						
1000-4000 Level Elective	STSC 150 Student Success Sem	2						
3000-4000 Level Elective	Any HEHP Course	3						
3000-4000 Level Elective		3						
3000-4000 Level Elective		3						