KEAN

Program Title: Minor in Health (21045)

Department Offering Program: Department of Health and Human Performance
College of Health Professions and Human Services

Catalog Description: The Health Minor provides a strong foundation for students to learn and address the physical, social, psychological, cultural, and clinical needs in regard to health from an interdisciplinary, intersectional and social justice perspective. Students will be able to apply this specialized knowledge and expertise in the field of public health to their major discipline of study and thus increase their graduate and employment opportunities.

Program Objectives:

1. Evaluate knowledge of health risks, disease and wellness in diverse populations.

2. Demonstrate the ability to serve as a public health professional resource by assessing the needs, resources and capacity for health promotion.

3. Exhibit critical thinking, communication skills and knowledge necessary to plan health promotion programs across the lifespan and in a variety of settings.

4. Analyze research related to health promotion.

5. Implement, organize and manage health promotion programs in diverse communities.

Students with a minor in **Health** are required to complete 15 credits for the minor. One core course (3 credit hours) and four additional courses from designated electives (12 credit hours) will be required for completion of the minor program. A minimum of six credit hours (2 courses) must be from upper division (3000-4000) level courses.

The minor requires that students must maintain a grade of 'C' or better in all courses taken for the minor. Class substitutions will be considered at the discretion of the Health Minor Program Coordinator and Public Health Program Coordinator.

For More Information Contact:

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College of Health Professions and Human Services
Department of Health and Human Performance

Minor in Health

Minor Code: 21045 ▪ Total of 15 credits

Name: _____ Graduation Date: _____
Kean ID#: _____ Major: _____

Required Course ▪ 3 Credits				
Required Course (1)	**Course Name**	**Credit Hours**	**Semester/Year**	**Grade**
HLTH 2100	Principles of Public and Community Health	3		
Additional Courses ▪ 12 Credits				
Required Courses (4)	**Course Name**	**Credit Hours**	**Semester/Year**	**Grade**
HLTH 1225	Critical Issues in Health	3		
HLTH 3100	Environmental Health	3		
HLTH 3160	Health Perspectives for Women	3		
HLTH 3200	Holistic Health	3		
HLTH 3231	First Aid, Disaster Preparedness, CPR & AED	3		
HLTH 3232	Emergency Medical Responder	3		
HLTH 3233	Introduction to Principles of Emergency Management	3		
HLTH 3270	Health Disparities in the United States	3		
HLTH 3300	Community Mental Health	3		
HLTH 3333	Mindfulness and Wellbeing: Tools for a Balanced Life	3		
HLTH 3400	Human Sexuality	3		
HLTH 3460	Women's Global Health	3		
HLTH 3515	Wellness	3		
HLTH 3534	Methods & Materials in Public & Comm. Health Education	3		
HLTH 3600	Nutrition	3		
HLTH 3635	Introduction to Public Health	3		
HLTH 3725	Death in Perspective	3		
HLTH 4105	Epidemiology and Biostatistics	3		
HLTH 4231	First Aid Instructor	3		
HLTH 4333	Drug Use and Abuse	3		
HLTH 4400	Essentials in Global Health	3		
HLTH 4650	Community Health Counseling	3		
HLTH 4860	Health and Social Justice	3		

Note: All elective courses should be selected with the advice of the Health Minor Program Coordinator. Additional information is on the reverse side.

Health Minor Program Coordinator Signature: _____ Date: _____