



**KEAN UNIVERSITY – COLLEGE OF EDUCATION  
(25108) B.S. PHYSICAL EDUCATION/EXERCISE SCIENCE: 120 (S.H.)**

For students graduating from Ocean County College with the A.S. in General Studies HPE Concentration and transferring to Kean University

**Kean Declaration, Graduation, and Major GPA: 2.5**

Kean University Courses are in Blue (60 S.H.) Ocean County College Courses are in Green (60 S.H.)

Effective Date: Fall 2019

See the Current Academic Catalog for Requirements to Graduate with Honors

GENERAL EDUCATION: 32 S.H. Foundation Requirements: <sup>1</sup> 13 S.H.		ACADEMIC MAJOR: <sup>**</sup> Major Required Courses: <sup>***</sup>	66 S.H. 39 S.H.
GE 3000 Transfer Transitions <sup>2</sup>		1 EXSC 1022 Tai Chi Chau	3
ENG 1030 College Comp <sup>3</sup>	ENGL 151 English I	3 EXSC1023 Yoga I	3
Math 1010 Foundations of Math <sup>3</sup>	GEd Math Course (Math 151 or higher preferred)	3 EXSC 1045 Gymnastics Fitness	3
COMM 1402 Speech Comm <sup>3</sup>	COMM 154 Fund Of Public Speaking required	3 PED/EXSC Choice (PED 1101,1103,1110,1113,EXSC 2023)	3
GE 2022 Research & Technology	ENGL 152 English II	3 EXSC 1109 Zumba Fitness <sup>®</sup>	1
		EXSC Pilates I	3
		EXSC 1130 Group Fitness	3
		EXSC 1500 Intro to Motor Learning	3
		MGS 2030 Business Org/Management   Any HEHP Course	3
		EXSC 2500 Intro to Biomechanics	3
<b>Disciplinary and Interdisciplinary Distribution Courses: 19 S.H.</b>			
<b>Humanities: 6 S.H.</b>			
ENG 2403 World Literature*	Any GEd Course (ENGL 255/ENG 256 preferred)	3 HED 3231 First Aid/Disaster Prep/Injury Prev. (or) HED 3232 Emergency Med. Resp.	3
Take one "GE Approved" course from one area below:		AT 3500 Care and Prevention of Athletic Injury.	3
Fine Arts/Art History	Any GEd Hum. Course (GHUM) preferred	EXSC Kinesiology	3
Philosophy or Religion		EXSC 3510 Physiology of Exercise	3
Foreign Languages (Must take 1 and 2 for credit)		EXSC 3510 Physiology of Exercise Lab	1
Music or Theatre		HED 3515 Wellness	3
Interdisciplinary		EXSC 3601 Nutrition for Fitness & Wellness	3
		EXSC 4605 Stats in Exercise Science	3
<b>Social Science: 6 S.H.</b>			
HIST 1062 Worlds of History*	GEd Hum./Soc. Sci. (GHIST preferred)	<b>Professional Development: 24 S.H.</b>	
PSY 1000 General Psychology <sup>4</sup>	GEd Soc. Sci. (PSYC 172 Gen Psych preferred)	EXSC 2800 Intro to Exercise Science (WE)	3
<b>Science and Mathematics: 7 S.H.</b>		EXSC 3612 Group & Pers.& Group Training	3
Math/CPS (Options include: MATH 1000, MATH 1010; Math 1016; 1054 or CPS 1032;1231)	Any Elective (EDUC 140 Math for Educators preferred)	EXSC 3617 Group & Pers.Train.Lab	3
		EXSC 3692 Clinical Exp. Exercise Science	3
BIO 1000 Principles of Biology <sup>5</sup>	GEd Lab Science (BIOL 114 or higher preferred)	EXSC 4626 Prescriptive Ex.Programs	3
<b>ADDITIONAL REQUIRED COURSES: 7 S.H.</b>		EXSC 4627 Clinical Practice Exercise Science	
PSY 3110 Lifespan Psychology <sup>4</sup>	Any HEHP Course	EXSC 4629 Exercise Testing and Interpretation	3
BIO 2402 Human Physiology & Anatomy <sup>5,6</sup>	Any Elective (EDUC 261 Dev of Learner preferred)	EXSC 4630 Electrocardiography	3
		<b>Major Capstone: 3 S.H.</b>	
		EXSC 4625 Org/Admin Exercise Science	3
		<b>FREE ELECTIVES: 15 S.H. 50% 3000-4000 level</b>	
		Optional: EXSC 1996 Intro to Research in Exercise Science	1
		FEX 1000 Generic Lower Elective   Unused Transferable OCC Course	3
		FEX 1000 Generic Lower Elective   Unused Transferable OCC Course	3
		3000-4000 Level	3
		3000-4000 Level	3
			3

Special Notes:

<sup>1</sup> See pre-requisites and equivalencies in course catalog (on page 2)

<sup>2</sup> University requirement for graduation for all undergraduate students that must be satisfied in one of two ways: Complete GE 1000 (all freshmen and transfers entering with 0-29 credits) or complete GE 3000 (transfers entering with 30 credits or more).

<sup>3</sup> Requires a grade of C or higher

<sup>4</sup> With Advisement

\*G.E. distribution course required of all students

\*\*Course required by Major

\*\*\*All Major courses require a grade of C or better

\*\*\*\*Major core class

Optional - Research Internship HED 1996 Intro to Community Health

# GENERAL EDUCATION AND UNIVERSITY REQUIREMENTS

## GENERAL EDUCATION INFORMATION AND REQUIREMENTS

### Testing and Placement

Incoming freshmen and transfer students may be placed in specific GE Foundations, Developmental or ESL courses as a result of testing prior to registration. Students may be exempt from testing due to SAT scores or prior college work.

### Prerequisites and Equivalencies for GE

#### Foundations Courses

#### **GE 1000**

Required of all freshmen & transfers entering with 0-29 credits  
Prereq: None Equiv: ID 1001

#### **GE 3000**

Required of transfers entering with 30 credits or more Prereq: 30 credits and ENG 1030

#### **ENG 1030**

Prereq: Placement testing or exemption from placement testing  
Equiv: ENG 1031/1032, ENG 1033/1034, ENG 1430, ENG 1620, ENG 1020, ENG 1400

#### **MATH 1000 or 1010 or 1016 or 1030**

Prereq: MATH 0901 if required by placement testing  
Equiv of MATH 1000: MATH 1001/1002, MATH 1003/1004, MATH 1051

#### **MATH 1044 or 1054**

Prereq: MATH 0901 if required by placement testing and MATH 1000

#### **COMM 1402**

Prereq: CS 0412 if required by placement testing  
ENG 1031/1032 or ENG 1033/1034 if required by placement testing May be taken concurrently with ENG 1030  
Equiv: COMM 1400

**GE 2021- 2026** *Research and Technology* is offered as college-based course  
GE 2021

College of BPM GE 2022 College of  
EDU GE 2023

College of CLA GE 2024

College of NAHS & NJCSTM & NWGC  
GE 2025

SVPA & Michael Graves College  
GE 2026

Undecided Majors and other special populations

Prereqs: CS 0412 if required by placement testing ENG 1030 or equivalent COMM 1402  
Equiv: GE 2020

### GE Distribution Courses

#### **Approved GE Distribution Courses**

All courses taken under the General Education Disciplinary/Interdisciplinary Distribution requirements must be selected from the Approved General Education Distribution Course List.

These courses are designated as GEHU, GESS, and GESM. GEH Humanities GESS Social Sciences  
GESM Science and Mathematics

#### **Required GE Distribution Courses**

**ENG 2403** is a required Humanities Distribution course with an emphasis on diversity.

Prereq: CS 0412 if required by placement testing; ENG 1030 or equivalent

Equiv: ENG\*2203

**HIST 1062** is a required Social Sciences Distribution course.

Prereq: None

#### **Foreign Language Credit**

The three credits for a foreign language that may satisfy the GE Disciplinary/Interdisciplinary Distribution Requirement are awarded only upon successful completion of the second of two semesters of study at the introductory or intermediate level.

Credit for the first semester may be used as elective credit.

## UNIVERSITY REQUIREMENTS

### GE 1000/3000 Requirement

All undergraduate students must satisfy this University Requirement for Graduation by successfully completing one of the following courses at Kean University: GE 1000 Transition to Kean (all freshmen and transfers entering with 0-29 credits) or GE 3000 Transfer Transitions (transfers entering with 30 credits or more).

### Writing-Emphasis Requirement

All students are required to complete one "Writing- Emphasis" course. The "W-E" course must be within the major portion of your program. Consult your major program advisor for specific information.