

March 2021 Student Newsletter

Hello Kean Ocean Students,

Summer 2021 Classes

Please keep your eye on KeanWise for summer classes to be posted. As soon as we know they are posted, we will be sure to send out a notification to all of you. Reach out to your academic adviser to see if summer session can reduce your time to graduation.

Virtual Yoga

Virtual Community Yoga is available free to the community every Wednesday from 3:15pm - 4pm this month via Zoom. All students and faculty will have the opportunity to practice with members of the Yoga faculty at both Union and Ocean and students from the program. The class is open to all levels and a great way to relieve some stress and connect with the Kean community!

Zoom Meeting Link: <u>https://kean-edu.zoom.us/j/91953265344?pwd=cC9QWHNoaStPaTI0Q0hNZIRPOVU1UT09</u>

Meeting ID: 919 5326 5344 Passcode: 713387

Kean Ocean Campus Life

Student Government Elections - CougarLink Applications are now available and must be completed by Friday, March 12th at 2:00pm sharp. Virtual Elections will take place via Cougar Link on Monday, April 5th at 9:00am until Wednesday, April 7th at 5:00pm. Please see the attached flyer and visit the following links. https://kean.campuslabs.com/engage/news/213139 https://kean.campuslabs.com/engage/news/213139

Social Media - Follow Kean Ocean Campus Life on social media to get involved and get updates! Instagram: @kocampuslife CougarLink: <u>https://kean.campuslabs.com/engage/organization/kocl</u>

Upcoming Events at OCC

OCC will be offering several different events in the next few months that all Kean Ocean students are welcome and encouraged to participate in. If you would like to register for any of the events below, please email <u>counselingservices@ocean.edu</u>. Weblinks will be provided to all registered attendees.

March 9th – QPR (question, persuade, refer) suicide prevention training at 12:30pm March 17th – Sunset Meditation 12pm. This is a wonderful visual guided meditation. April 22nd – Sexual Assault Awareness Month 12:30pm. OCC is working with St. Francis and Providence House to host a discussion group on safety in a virtual world. Topics include online dating, revenge porn, and "digital domestic violence".

Thank you for reading and be well!

Jessica Adams, Ph.D., Patti Martino, Maureen Morlando-Byrne, M.P.A. and Taylor LaCava

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