The Kean University Behavioral Intervention Team (KUBIT) is a multidisciplinary team that provides proactive intervention, caring support and appropriate institutional response to students exhibiting disruptive and/or concerning behavior. Maintaining a safe and vibrant community for all Kean University students, faculty and staff is our top priority.

KUBIT serves five major functions for the University:

01. Provides consultation, education and support to faculty, staff and administration in assisting students in distress

02. Gathers information to assess concerning situations

03. Recommends appropriate intervention strategies

04. Connects students with helpful campus and community resources

05. Monitors the ongoing behavior of students after an incident

In case of an emergency or immediate danger to yourself, others or the community, please DIAL 911 or call the Kean University Department of Public Safety and Police at (908) 737-4800.
RECOGNIZE
WARNING SIGNS OF STUDENT DISTRESS

Student distress may show up in behavior or in the reaction the behavior elicits in others. These signs include (but are not limited to):

- Alcohol or drug abuse
- Any pattern of bizarre thoughts or odd behaviors that may pose a threat to safety
- Behavioral/emotional changes or withdrawal
- Change in hygiene or appearance
- Decline in academic performance
- Erratic behavior (including online activities) that is disruptive to the normal proceedings of University students, faculty or staff
- Excessive or inappropriate anger
- Involuntary transport to the hospital for substance use/abuse or mental health issues
- Statements about having a weapon on campus or threats about harming others
- Suicidal actions (written or verbal references) or self-injury

Sometimes it’s not wise to confront someone directly and KUBIT is here to help. Your referral truly matters and could save lives.
Asking for help is one of the hardest things for students in distress to do. When you make a KUBIT referral, trust it’s for the greater good.

The circumstances for making a referral may include the following:

- The problem is more serious than you can handle
- The student admits there is a problem but doesn’t want to talk to you about it
- The student asks for information or assistance that you cannot provide
- You are alarmed or frightened
- You are concerned about the student’s ability to function
- You feel uneasy about the student’s comments or actions
- You spoke with the student and you feel he or she may need more assistance
How to Make a Referral

In non-emergency situations, please make a referral online at kean.edu/kubit, use the QR code or email KUBIT@kean.edu.

We will ask you for basic information about the student and the incident or behaviors involved. We also request your contact information for follow-up questions, but we do not disclose this information to anyone.

What Happens After I Make a Referral?

When you make a referral, the KUBIT team reaches out to the student. The student is offered the support and assistance he or she needs. Depending on the situation and after careful review, additional University or community-based referrals may occur.

Family Educational Rights and Privacy Act (FERPA)

FERPA protects the privacy of educational records, but it does not prohibit the reporting of observable behavior. It is not a violation of a student’s rights or privacy to make a referral based on your observations and concerns.
RESOURCES
THE DISTRESSED STUDENT GUIDE

Is There Any Immediate Danger to Self or Others?

<table>
<thead>
<tr>
<th>YES</th>
<th>NO, or not sure, but I’m concerned</th>
<th>NO, but the student is having academic or personal issues</th>
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<tr>
<td>CALL:</td>
<td>CALL:</td>
<td>Refer the student to appropriate campus support services:</td>
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<td>Emergency 911 or Kean University Police (908) 737-4800 (24 hours a day)</td>
<td>Office of Student Accountability, Standards and Education (908) 737-5240</td>
<td>Office of Academic Affairs (908) 737-3450</td>
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<td>-OR-</td>
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<td>Kean University Counseling Center (908) 737-4850</td>
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<tr>
<td>Kean University Counseling Center (908) 737-4850</td>
<td>-OR-</td>
<td>Center for Academic Success (908) 737-0400</td>
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<td>-OR-</td>
<td>-OR-</td>
<td>Student Health Services (908) 737-4880</td>
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<td>Student Health Services (908) 737-4880</td>
<td>-OR-</td>
<td>Cougar Connections Center of Social Work (908) 737-0530</td>
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<td></td>
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<td>Office of Student Accountability, Standards and Education (908) 737-5240</td>
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<td>Office of Accessibility Services (908) 737-4910</td>
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<td>Office of Residence Life (908) 737-1700</td>
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<td>KUBIT Email <a href="mailto:KUBIT@kean.edu">KUBIT@kean.edu</a> or use the KUBIT online referral form</td>
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KUBIT Membership

The KUBIT team is comprised of representatives from critical areas of the Kean community:

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**Ad-Hoc Members**

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