**KUBIT Cares**

The Kean University Behavioral Intervention Team (KUBIT) is a multidisciplinary team that provides proactive intervention, caring support and appropriate institutional response to students exhibiting disruptive and/or concerning behavior. Maintaining a safe and vibrant community for all Kean University students, faculty and staff is our top priority.

**RECOGNIZE**

**WARNING SIGNS OF STUDENT DISTRESS**

Student distress may show up in behavior or in the reaction the behavior elicits in others. These signs include (but are not limited to):

- Alcohol or drug abuse
- Any pattern of bizarre thoughts or odd behaviors that may pose a threat to safety
- Behavioral/emotional changes or withdrawal
- Change in hygiene or appearance
- Decline in academic performance
- Erratic behavior (including online activities) that is disruptive to the normal proceedings of University students, faculty or staff
- Excessive or inappropriate anger
- Involuntary transport to the hospital for substance use/abuse or mental health issues
- Statements about having a weapon on campus or threats about harming others
- Suicidal actions (written or verbal references) or self-injury

Sometimes it’s not wise to confront someone directly and KUBIT is here to help. Your referral truly matters and could save lives.

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In case of an emergency or immediate danger to yourself, others or the community, please DIAL 911 or call the Kean University Department of Public Safety and Police at (908) 737-4800.
How to Make a Referral

In non-emergency situations, please make a referral online at kean.edu/kubit or call us at (908) 737-5260.

We will ask you for basic information about the student and the incident or behaviors involved. We also request your contact information for follow-up questions, but we do not disclose this information to anyone.

What Happens After I Make a Referral?

When you make a referral, the KUBIT team reaches out to the student. The student is offered the support and assistance he or she needs. Depending on the situation and after careful review, additional University or community-based referrals may occur.

Family Educational Rights and Privacy Act (FERPA)

FERPA protects the privacy of educational records, but it does not prohibit the reporting of observable behavior. It is not a violation of a student's rights or privacy to make a referral based on your observations and concerns.

REFER REASONS FOR MAKING A KUBIT REFERRAL

Asking for help is one of the hardest things for students in distress to do. When you make a KUBIT referral, trust it's for the greater good.

The circumstances for making a referral may include the following:

- The problem is more serious than you can handle
- The student admits there is a problem but doesn’t want to talk to you about it
- The student asks for information or assistance that you cannot provide
- You are alarmed or frightened
- You are concerned about the student’s ability to function
- You feel uneasy about the student’s comments or actions
- You spoke with the student and you feel he or she may need more assistance
RESOURCES
THE DISTRESSED STUDENT GUIDE

Is There Any Immediate Danger to Self or Others?

**YES**

**CALL:**
Emergency 911 or Kean University Police
(908) 737-4800 (24 hours a day)

**-OR-**
Kean University Counseling Center
(908) 737-4850

**-OR-**
Student Health Services
(908) 737-4880

**NO or not sure, but I’m concerned**

**CALL:**
Office of Community Standards and Student Conduct
(908) 737-5240

**-OR-**
Kean University Counseling Center
(908) 737-4850

**-OR-**
Office of Academic Affairs
(908) 737-3450

**NO, but the student is having academic or personal issues**

**CALL:**
Office of Community Standards and Student Conduct
(908) 737-5240

**CALL:**
Office of Academic Affairs
(908) 737-3450

**-OR-**
Kean University Counseling Center
(908) 737-4850

**-OR-**
Center for Academic Success
(908) 737-0400

**-OR-**
Student Health Services
(908) 737-4880

**-OR-**
Office of Community Standards and Student Conduct
(908) 737-5240

**-OR-**
Office of Accessibility Services
(908) 737-4910

**-OR-**
Office of Residential Student Services
(908) 737-6800

**KUBIT**
(908) 737-5260
KUBIT online referral form

Refer the student to appropriate campus support services:

Maximina Rivera
Associate Vice President, Office of the Vice President for Student Affairs
(Serves as KUBIT Chair)
mrivera@kean.edu
(908) 737-6800

Vidal Annan, Ph.D.
Director, Office of Counseling and Accessibility Services
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(908) 737-4850

Robin Mansfield
Director, Student Health Services
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(908) 737-4880

Nicole Rodriguez
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(908) 737-5240

Barbara Moran
Managing Assistant Director, Office of Accessibility Services
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(908) 737-4910

Melissa Sterba, Ph.D.
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Joy Moskovitz
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