

NJ Crisis Services: Who Should I Call?

There are many types of emergencies. What number is best to call during a crisis?

988 | SUICIDE & CRISIS LIFELINE

9-1-1







































2-1-1
New Jersey

Someone to Call For...

Behavioral Health Crisis

Emergency Response

Basic Needs

| Someone to Call For... | Behavioral Health Crisis | Emergency Response | Basic Needs |
|--|---|--|---|
|  24/7 services |  |  |  |
|  Serves adults |  |  |  |
|  Serves youth ¹ |  |  |  |
|  Overdose in progress or medical emergency | |  | |
|  Fire | |  | |
|  Immediate rescue required ² | |  | |
|  Crime | |  | |
|  Suicide attempt in progress | |  | |
|  Someone is a threat to self or others | |  | |
|  Mental health crisis |  | | |
|  Substance use crisis |  | | |
|  Suicidal thoughts |  | | |
|  Crisis stabilization ³ |  | | |
|  Follow-up services |  | |  |
|  Referrals |  | |  |

¹For children/youth under 21, contact PerformCare (877-652-7624) which provides a family-centered, community-focused, single point of entry to obtain services for behavioral health, intellectual/developmental disabilities, or substance use. Available 24/7. Parent/legal guardian consent required for youth under 18.

²Immediate rescue required for self-injury, serious threats of harm to self/others, severe disorientation, and/or agitation, etc.

³Crisis stabilization provides short-term care for an individual experiencing an acute mental health or substance use crisis.

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STATE OF NEW JERSEY
Phil Murphy, Governor | Tahesha L. Way, Lt. Governor



DEPARTMENT OF HUMAN SERVICES
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