

KEAN UNIVERSITY – COLLEGE OF EDUCATION
(PEHE) B.S. PHYSICAL EDUCATION AND HEALTH
CERTIFICATION FOR TEACHER OF HEALTH AND PHYSICAL EDUCATION (K-12)
120 S.H. | EFFECTIVE DATE: FALL 2026

GENERAL EDUCATION 31-32 S.H.	
Essential Learning Courses 16-17 S.H.	
CRITICAL READING AND ACADEMIC STUDY SKILLS 4 S.H.	
ALL STUDENTS MUST TAKE 1 CREDIT IN ACADEMIC STUDY SKILLS. GE*1000 Transition to Kean or GE*3000 Transfer Transitions ¹	1
ALL STUDENTS MUST TAKE 3 CREDITS IN CRITICAL READING FROM THE GE PLO COURSE LIST:	3
WRITTEN COMMUNICATION ² 3 S.H.	
ALL STUDENTS MUST TAKE 3 CREDITS IN WRITTEN COMMUNICATION FROM THE GE PLO COURSE LIST:	3
SPEECH COMMUNICATION ² 3 S.H.	
ALL STUDENTS MUST TAKE 3 CREDITS IN SPEECH COMMUNICATIONS FROM THE GE PLO COURSE LIST:	3
QUANTITATIVE AND SCIENTIFIC REASONING ^{2A,3} 6-7 S.H.	
ALL STUDENTS MUST TAKE 3 CREDITS IN QUANTITATIVE REASONING. MATH*1016 Statistics or MATH*1054 Pre-Calculus	3
ALL STUDENTS MUST TAKE 3 CREDITS IN SCIENTIFIC REASONING EDUCATION MAJORS MUST TAKE: BIO*1000 Principles of Biology	4
Core Competency Courses 12 S.H.	
INTERCULTURAL KNOWLEDGE AND UNDERSTANDING ² 3 S.H.	
ALL STUDENTS MUST TAKE 3 CREDITS IN INTERCULTURAL KNOWLEDGE FROM THE GE PLO COURSE LIST:	3
CRITICAL AND CREATIVE THINKING 3 S.H.	
ALL STUDENTS MUST TAKE 3 CREDITS IN CRITICAL AND CREATIVE THINKING FROM THE GE PLO COURSE LIST:	3
ETHICAL REASONING 3 S.H.	
ALL STUDENTS MUST TAKE 3 CREDITS IN ETHICAL REASONING FROM THE GE PLO COURSE LIST:	3
WELLNESS 3 S.H.	
ALL STUDENTS MUST TAKE 3 CREDITS IN WELLNESS EDUCATION MAJORS MUST TAKE: PSY*1000 General Psychology	3
Inquiry and Analysis Passion Project 3 S.H.	
ALL STUDENTS MUST TAKE 3 CREDITS IN INQUIRY AND ANALYSIS FROM THE GE PLO COURSE LIST:	3
ADDITIONAL REQUIRED 3 S.H.	
PSY*2100 Child Psychology ⁴ or PSY 2110 Psychology of the Adolescence ⁴	3
MINOR, RESEARCH & INTERNSHIP, OR FREE ELECTIVES ¹² 18 S.H.	
50% at the 1000-2000 level and 50% at the 3000-4000 level.	
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ACADEMIC MAJOR 33 S.H.	
Physical Education Required Courses 18 S.H.	
YOGA*1023 Yoga I or YOGA*2023 Yoga II	1
EXSC*3612 Principles of Personal and Group Training	3
PED*1202 Creative, Rhythm and Cross-Cultural Movement	1
PED*1501 Motor Learning and Motor Development	3
PED*2811 Classroom and Behavior Management in HPE	1
PED*3608 Individual and Dual Sports Skills and Concept	3
PED*3609 Team Sports Skills and Concepts	3
PED*4605 Assessment in Physical Education	3
Health Required Courses 15 S.H.	
HPE*1225 Critical Issues in Health Education K-12	3
HPE*3110 Wellness Considerations for Autism	3
HPE*3515 Wellness	3
HPE*3533 Curriculum and Programming in Health Education	3
Any HLTH, ESHC or HPE 3000-4000 level elective	3
HLTH, ESHC, HPE	
PROFESSIONAL EDUCATION PEDAGOGY² AND PE CONTENT* 34 S.H.	
Sophomore Level (First Semester)	
PED*2800 Introduction to Physical Education (Sophomore Field)	3
PED*1012 Principles and Practices of Fitness Education	1
PED*2810 Lesson Plan Design and Implementation in HPE	1
PED*1200 Introduction to Adventure Education	1
Sophomore Level (Second Semester) TRANSITION: ENTRY/DECLARATION¹⁰	
PED*4600 Adapted Physical Education*	3
Completed with academic major coursework to round out sophomore	
Junior Level (First Semester) TRANSITION: PRE-PROFESSIONAL A	
EMSE*3903 English Language Learners in American Schools	1
Completed with academic major coursework. See four plans for recommended sequencing.	
Junior Level (Second Semester) TRANSITION: PRE-PROFESSIONAL B [PRAXIS SCORES REQUIRED]	
PED*3610 Curriculum and Programming in Elementary PE ⁵	3
PED*3695 PE Clinical Practice: Elementary School ^{5, 11}	3
Completed with academic major coursework. See four plans for recommended sequencing.	
Senior Level (First Semester) TRANSITION: PROFESSIONAL A	
PED*3611 PE Curriculum and Programming in Secondary PE ⁶	3
PED*3696 PE Clinical Practice: Secondary School ^{6, 11}	3
Completed with academic major coursework. See four plans for recommended sequencing.	
Senior Level (Second Semester) TRANSITION: PROFESSIONAL B	
PED*4610 Organization, Administration, and Supervision ^{*,7, 8}	3
PED*4699 Clinical Practice Physical Education ^{7, 11}	9
RESEARCH AND INTERNSHIP [optional]	
PED*1997 Introduction to Research Methods in PE	1
PED*2996 Intermediate Research Methods in PE	1
PED*3996 Advanced Research Methods in PE	1
PED*4601 Adapted Physical Education Internship	1

Attendance at the COE Orientation is highly encouraged.

A 3.0 cumulative GPA is required for program declaration, to maintain matriculation, and for graduation and nomination.

For prerequisites, equivalencies, and reference notes, see next page(s).

The Physical Education and Health program is accredited by the [Council for the Accreditation of Educator Preparation \(CAEP\)](#) and recognized by the Society of Health and Physical Educators (SHAPE-America).

REFERENCE NOTES:	
1	University requirement for graduation for all undergraduate students that must be satisfied in one of two ways: Complete GE 1000 (all freshmen and transfers entering with 0-29 credits) or complete GE 3000 (transfers entering with 30 credits or more).
2	Required minimum grade of 'B' or higher.
2A	Recommended minimum grade of 'B' or higher.
3	Required minimum grade of 'C' or higher.
4	Must pass PSY 1000 prior to PSY 2100 or PSY 2110.
5	PED 3610 and PED 3695 should be taken concurrently; Registration petition required.
6	PED 3611 and PED 3696 should be taken concurrently; Registration petition required.
7	PED 4610 and PED 4699 and must be taken concurrently; Registration petition required.
8	ALL TEACHER CANDIDATES ARE REQUIRED TO COMPLETE THE TPA Portfolio (formerly edTPA, currently KEEP) BEFORE GRADUATION. This performance assessment is completed during Senior Seminar in Clinical Practice (capstone), while concurrently enrolled in Clinical Practice II (full-time student teaching).
9	Candidates must submit passing scores for Praxis Subject Test (currently 5857: Health and Physical Education), pass Praxis Core (3 sections) for the Limited CEAS pathway (while applicable), or qualify for an allowable exception prior to enrolling in Clinical IA/IB. Candidates must attempt the Praxis subject test a minimum of two times before they may qualify for any allowable exceptions set by the State of New Jersey. Please see the Office of Student Placement and Clinical Experiences for submission deadlines and the clinical practice application process.
10	Declaration requires a minimum of 60 credits earned (e.g. AA/AS liberal arts equivalent); a 3.0 cumulative grade point average (where 4.0 equals an 'A' grade); completion of the following courses: PED 2800, PED 2810, ENG 1030 or GE approved Written Communication course, COMM 1402 or GE approved Speech Communication course, BIO 1000 or department approved equivalent; and MATH 1016 or 1054 with a 'C' or better; a valid NJ Instructional Substitute Credential and registration with NJEDCERT. An interview with the department advisor or chairperson may be required. At the discretion of the advisor and department chairperson. Flexibility may be granted in the minimum required grade for general education courses.
11	Clinical IA and/or Clinical IB and Clinical II must be completed in back-to-back semesters. Clinical Practice Elementary and/or Clinical Practice Secondary must be completed in the semester immediately preceding the final Clinical Practice (Student Internship).
12	Candidates may use this space for free electives including research and internship electives (PED 1997, PED 2996, PED 3996, PED 4601), travel-learn, PED 5480: Driver Education Instructor (petition is required), or in consultation with an advisor choose a minor in Athletic Coaching (ATHCO), Exercise Science (EXSI), Recreational Therapy (RECTH), Recreational Administration (RECAD or SPTM), or Yoga Studies (YOGA). See the Major-Minor Status Change for additional options.
SPECIAL NOTES:	
Writing Emphasis: All students are required to complete one "writing emphasis" course within their major. Such courses are designed to provide students with an opportunity to explore writing as is done in the field of education. PED 2800 satisfies this requirement for Physical Education and Health.	
NJ Instructional Substitute Credential: Registration with NJEDCERT is required. In accordance with NJAC 6A:9B-7.2, a criminal history record check is required for the New Jersey instructional substitute credential. Learn more: https://www.nj.gov/education/certification/substitutes/ .	
NJAC 6A:9B-9.3(a)7(xii): Department issued endorsement and authorizations: For certification as a Teacher of Health and Physical Education, current regulations require that applicants complete a minimum of 30 credits in a coherent sequence in the subject field of Physical Education and 15 credits in a coherent sequence in Health. A coherent sequence requires that at least 12 credits are completed at the advanced level of study (junior, senior, or graduate level).	
UNIVERSITY REQUIREMENTS:	
Testing and Placement: Incoming freshmen and transfer students may be placed in specific GE Essential Learning, Developmental, or ESL courses as a result of testing prior to registration. Students may be exempt from testing due to SAT scores or prior college work. Please refer to the University catalog for the full GE PLO course list, and full details on prerequisites and equivalencies for general education (GE) essential learning, developmental courses, and ESL courses.	