

Weekly Readings – PSY 5780 – Introduction to Marital and Family Psychology

Week 1

No readings

Week 2

[Rosenhan, D.L. \(1973\). On being sane in insane places. Science, 179, 250-258.](#)

Week 3

[Watzlawick, P. \(1995\). The construction of clinical realities. In H. Rosen & K. Kuehlwien \(Eds.\), Constructing realities: Meaning-making perspectives for psychotherapists, \(pp. 55-70\). San Francisco: Jossey-Bass](#)

[Anderson, H \(1997\). Not-knowing. In H. Anderson \(Ed.\), Conversation, Language and Possibilities, pp. 134-141, New York: Basic Books](#)

[Order Court Preliminary Ideas on Family Therapy with Divorcing Couples.pdf](#)

[Importance Cultural Sensitivity.pdf](#)

[Discipline Working with multicultural court-ordered clients.pdf](#)

Week 4

[Abu Baker, K. \(1999\). Importance of cultural sensitivity and therapist self-awareness when working with mandatory clients, Family Process, 38 \(1\), 55-67](#)

[Maione, P. V., & Bamond, R. \(2001\). Order and the court: Preliminary ideas on family therapy with divorcing couples. Journal Of Prevention & Intervention In The Community, 21\(1\), 97-112.](#)

[Waldman, F. \(1999\). Violence or discipline? Working with multicultural court-ordered clients. Journal Of Marital And Family Therapy, 25\(4\), 503-515. doi:10.1111/j.1752-0606.1999.tb00265.x](#)

Week 5

[Brubacher, L. \(2006\). Integrating emotion-focused therapy with the Satir model, Journal of Marital and Family Therapy, 32 \(2\), 141-153.](#)

[Solomon, M. \(2009\). Attachment Repair in Couples Therapy: A Prototype for Treatment of Intimate Relationships. Clinical Social Work Journal, 37\(3\), 214-223. doi:10.1007/s10615-009-0217-1](#)

Week 6

[Carter, B. & Gerson, R. \(1988\). Genograms and the family life cycle. In B Carter & M. McGoldrick \(Eds.\), The changing family life cycle, \(pp. 164-189\). New York: Gardner Press.](#)

Carter, B. & McGoldrick, M. (1988). Overview: The changing family life cycle: A framework for family therapy. In B. Carter & M. McGoldrick (Eds.), The changing family life cycle (pp. 3-28). New York: Gardner Press.

Young, S. (2010). Two's Company, Three's a Crowd: Revisiting Triangles in Family Therapy. Australian & New Zealand Journal Of Family Therapy, 31(1), 92-99.

Week 7

Szapocznik, J., Schwartz, S. J., Muir, J. A., & Brown, C. H. (2012). Brief strategic family therapy: An intervention to reduce adolescent risk behavior. Couple And Family Psychology: Research And Practice, 1(2), 134-145. doi:10.1037/a0029002

<http://www.nida.nih.gov/TXManuals/bsft/BSFT4.html>

<http://www.nida.nih.gov/TXManuals/bsft/BSFT5.html>

Gelles, R. & Maynard, P. (1987). A structural family systems approach to intervention in cases of family violence, Family Relations, 36, 270-275.

Week 8

Fisch, R. (2004). "So what have you done lately?" MRI therapy, Journal of Systemic Therapies, 23(4), 4-10.

Haley, J. (1976). "Therapy in Stages" In Problem Solving Therapy. New York: Harper & Row.

Haley, J. (1976). "Conducting the First Interview" Problem solving therapy. New York: Harper & Row

Weakland, J., Fisch, R., Watzlawick, P. & Bodin, A. (1974). Brief therapy: Focused problem resolution. Family Process, 13(2), 141-151

Week 9

Chromy, S. (2007). A Solution-Based Approach to Couple Therapy: A Case Example. Journal Of Couple & Relationship Therapy, 6(4), 71-84.

Dolan, Y. (1997). I'll start my diet tomorrow: A solution-focused approach to weight loss. Contemporary Family Therapy: An International Journal, 19(1), 41-48. doi:10.1023/A:1026106332137

Turnell, A. & Lipchik, E. The role of empathy in brief therapy: The overlooked but vital context. Australian New Zealand Journal of Family Therapy (ANZJFT), 20(4). 177-182.

De Shazer et al. (1986). Brief therapy: Focused solution development. Family Process, 25, 207-221.

Week 10

CBT for Grief: Clearing Cognitive Obstacles to Healing from Loss

[Malkinson, R., & Brask-Rustad, T. \(2013\). Cognitive behavior couple therapy-REBT model for traumatic bereavement. Journal Of Rational-Emotive & Cognitive-Behavior Therapy, 31\(2\), 114-125. doi:10.1007/s10942-013-0164-1](#)

Week 11

[Combs G. & Freedman, J. \(1994\). Narrative Intentions. In M. Hoyt \(Ed\). Constructive therapies \(pp. 67-91\). New York: Guilford Press.](#)

[Zimmerman, J. & Dickerson, V. \(1994\). Tales of the body thief. In M. Hoyt \(Ed.\) Constructive therapies. \(pp. 295-318\). New York: Guilford Press](#)

[Freedman, J. \(2014\). Witnessing and positioning: Structuring narrative therapy with families and couples, Australian & New Zealand Journal of Family Therapy, 35, 20-30.](#)

[Hedtke, L. \(2014\). Creating Stories of Hope: A Narrative Approach to Illness, Death and Grief. Australian & New Zealand Journal Of Family Therapy, 35\(1\), 4-19. doi:10.1002/anzf.1040](#)

Week 12

Thanksgiving Eve – No Class

Week 13

[Hibbs, J. \(2009\). The baggage you bring to relationships. \(In Janet Hibbs, Try to see it my way\) pp. 107-145. New York: Avery Press](#)

[Lyness, K. P. \(2003\). Extending Emotionally Focused Therapy for Couples to the Contextual Realm: Emotionally Focused Contextual Therapy. Journal Of Couple & Relationship Therapy, 2\(4\), 19-32.](#)

Week 14

[Cecchin, G. \(1987\). Hypothesizing, circularity, and neutrality revisited: An invitation to curiosity, Family Process, 26 \(4\), 405-413.](#)

[Cecchin, G., Lane, G., & Ray, W. \(1994\). Influence, effect, and emerging systems, Journal of Systemic Therapies 13\(4\), 13-21.](#)

[Brown, J. \(1997\). Circular Questioning: An introductory guide, Australian New Zealand Journal of Family Therapy, \(ANZJFT\) 18\(2\), 109-114.](#)

Week 15

[Duncan, B. \(1997 July/August\). Stepping off the throne, Family Therapy Networker, 23-33.](#)

[Miller, Duncan & Hubble \(1995\). No more bells and whistles. Family Therapy Networker, 53-63.](#)

[O'Hanlon, B. \(2003\). The good, the bad and the ugly. Psychotherapy Networker, Jan/Feb. 27](#)

