

4 Year Plan	Department of Health and Human Performance							Credits		
	Year 01	Fall	Academic Study from the GE PLO List (1 credit)	Critical Reading from the GE PLO List (3 credits)	Written Communication from the GE PLO List (3 credits)	Speech Communication from GE PLO List (3 credits)	Quantitative Reasoning - MATH 1016 preferred (3 credits)	REQUIRED PSY 1000 General Psych (3 credits - 1/2)	16	
		Winter								
		Spring	Scientific Reasoning - BIO 1000 preferred (4 credits)	Intercultural Knowledge & Understanding from the GE PLO List (3 credits)	Critical & Creative Thinking - SOC 1000 preferred (3 credits)	Ethical Reasoning - PHIL 2300 preferred (3 credits)	MAJOR REQUIRED HLTH 1225 Critical Issues in Health (3 credits - 1/8)		16	
		Summer								
	Year 02	Fall	MAJOR REQUIRED HLTH 2100 Principles of Public & Comm. Health (3 credits - 2/8)	Wellness - SOC 2100 preferred (3 credits)	Inquiry & Analysis Passion Project from the GE PLO List (3 credits)	Lower-Level Free Elective (3 credits - 1/8)	Lower-Level Free Elective (3 credits - 2/8)	Lower-Level Free Elective (1 credit)	16	
		Winter								
		Spring	MAJOR REQUIRED HLTH 3100 Environmental Health (3 credits - 3/8)	MAJOR REQUIRED HLTH 3270 Health Disparities in the U.S. (3 credits - 4/8)	Major Elective (3 credits - 1/3)	Lower-Level Free Elective (3 credits - 3/8)	Lower-Level Free Elective (3 credits - 4/8)		15	
		Summer								
	Year 03	Fall	MAJOR REQUIRED HLTH 3300 Community Mental Health (3 credits - 5/8)	REQUIRED PSY 3200 Psychological Statistics (3 credits - 2/2)	Major Elective (3 credits - 2/3)	Lower-Level Free Elective (3 credits - 5/8)	Lower-Level Free Elective (3 credits - 6/8)		15	
		Winter								
		Spring	MAJOR REQUIRED HLTH 4105 Epidemiology & Biostatistics (3 credits - 6/8)	MAJOR REQUIRED HLTH 4400 Essentials of Global Health (3 credits - 7/8)	Major Elective (3 credits - 3/3)	Lower-Level Free Elective (3 credits - 7/8)	Lower-Level Free Elective (3 credits - 8/8)		15	
		Summer								
	Year 04	Fall	MAJOR REQUIRED HLTH 4860 Health & Social Justice (3 credits - 8/8)	Upper-Level Free Elective (3 credits - 1/7)	Upper-Level Free Elective (3 credits - 2/7)	Upper-Level Free Elective (3 credits - 3/7)	Upper-Level Free Elective (3 credits - 4/7)		15	
		Winter								
		Spring	REQUIRED CAPSTONE HLTH 4900 Senior Seminar & Problem Solving (3 credits - 1/1)	Upper-Level Free Elective (3 credits - 5/7)	Upper-Level Free Elective (3 credits - 6/7)	Upper-Level Free Elective (3 credits - 7/7)			12	
Tuesday, September 15, 2026										

Please see the Curriculum Sheet for this program via Quick Links on the Kean University home page.

TOTAL REQUIRED	120
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General Education	32 credits	9 courses + one 1-credit + one 4 credit course
Other Required Courses	6 credits	2 courses
Major Required Courses	24 credits	8 courses
Major Electives	9 credits	3 courses
Major Capstone	3 credits	1 course
Lower-Level Free Electives	25 credits	8 courses + one 1-credit course
Upper-Level Free Electives	21 credits	7 courses