

# **Post Graduate Certificate Program in Recreational Therapy**

## **School of Health and Human Performance**

**Major Code: 25307**

### **Program Description:**

The Post BABS Certificate Program in Recreational Therapy provides individuals with undergraduate degrees other than Recreational Therapy, who are considering future careers and current employment in Recreational Therapy, the ability to take prerequisite courses that can be used to apply for the equivalency path to certification as identified by the National Council for Therapeutic Certification. This certification is a requirement for licensure as a Recreational Therapist in the State of New Jersey.

Students are required to take 18 credits or 6 courses in Recreational Therapy. As designed the students take 4 required courses: TR 2030, TR 3330, TR 4900, and TR 4330 and 2 specialty courses from a choice of four (4). This is a non-degree program and meets only the academic requirements in Recreational Therapy for National Council for Therapeutic Recreation Certification (NCTRC). Additional supportive course work and experience requirements determined by NCTRC must also be met.

### **Program Objectives**

- 1: Prepare students for competent entry level practice in the Recreational Therapy profession based on an understanding of key theories, concepts and skills that guide professional practice.
- 2: Prepare students to successfully meet the academic course requirements for the alternate route eligibility requirements to sit for the national certification exam and meet national; pass rates.
- 3: Provide students with the basic knowledge of the standards of practice, scope of services, and competency standards for RT practitioners.
- 4: Provide an inclusive learning environment committed to guaranteeing student success that gives access for all capable students.

### **Student Learning Outcomes**

1. Define Recreational Therapy and explain theories that support the profession.
2. Compare and contrast Recreational Therapy Practice Models and identify appropriate settings for each model.
3. Explain the components of the TR process, treatment planning, and goal writing.
4. Describe treatment modalities and based on evidence-based practice, identify the benefits and outcomes of each, and methods for selecting these modalities based on physical, cognitive, emotional, and social need of clients.
5. Explain the focus of TR practice for specific diagnostic groups.

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Student Name \_\_\_\_\_ ID# \_\_\_\_\_

Advisor Signature \_\_\_\_\_ Date \_\_\_\_\_

Total: 18 credits

<b>Required Courses (4)</b>	<b>Name</b>	<b>Semester Completed</b>
TR 2030	Introduction to RT	
TR 4900	Recreational Therapy Leadership and Program Planning	
TR 3330	Assessment and Documentation in TR	
TR 4330	Processes and Techniques in RT	
<b><i>Choose 2 Specialty Classes</i></b>		
TR 3770	RT in Behavioral Health	
TR 3780	RT for Individuals with Intellectual and Developmental Disabilities	
TR 3790	RT for Individuals with Physical Disabilities	
TR 3760	RT in Geriatrics	

For more information contact: Pam Griffin, MA, CTRS Program Coordinator, pgriffin@kean.edu

For more information on NCTRC Certification go to [www.nctrc.org](http://www.nctrc.org)