



# Kean University

## Cougars Care Pledge

As a member of the Kean community, I pledge to do my part to keep our community in good health as I return to the Kean campus. I understand I play a role in the fight against COVID-19. I commit to responsible actions on and off campus and pledge to uphold the Cougars Care Pledge every day by demonstrating the university's community values of integrity, fairness, community, respect, and responsibility. In order to maintain a safe and vibrant learning environment for all members of our Kean community, I will abide by the following:

### **I CARE ABOUT MYSELF**

- I will self monitor for symptoms of COVID-19 daily on the #CampusClear app and report to Student Health Services or a medical professional if I experience:
  - o Fever of 100.4 F (38 C) or higher
  - o Dry cough
  - o Shortness of breath or difficulty breathing
  - o Chills and/or repeated shaking with chills
  - o Muscle or body ache
  - o Headache
  - o Sore throat
  - o Loss of taste or smell
  - o Unexplained fatigue
  - o Nausea, vomiting or diarrhea
- I will wash my hands often with soap and water and use hand sanitizer frequently.
- I will provide my local address and emergency contact information and agree to update each as needed throughout the academic year.

### **I CARE ABOUT OTHERS**

- If I travel out of the country or to one of the states on the travel advisory list, I will quarantine in place for 14 days before coming to campus.
- I will adhere to capacity limits in social situations and comply with social distancing protocols for student groups and organizations.
- I will maintain appropriate social distancing, especially in classroom settings or in the presence of older members of the community.
- I will stay home if I feel ill or after exposure to someone who is exhibiting symptoms of or has tested positive for COVID-19.
- I will wear an appropriate face covering and other protective gear at all times while on campus, as directed by the University.
- I will be positive, attentive and helpful to anyone around who may be in need of support.

### **I CARE ABOUT THE COMMUNITY**

- I will participate in testing and other health screenings, as required or recommended by Kean, to preserve the safety and wellness of the community.
- I will follow all isolation and quarantine protocols, as directed by Student Health Services and/or public health officials, in the event that I have symptoms or test positive for COVID-19 or have been in contact with someone who tests positive.
- I will cooperate with Kean's contact tracing efforts.
- I will comply with directions from health officials and follow public health guidelines and recommendations in place to help protect myself and others.
- I will not invite guests to the residence halls or to any campus events.
- I will keep my clothing, belongings, personal spaces and shared common spaces clean.
- I will carefully observe instructional signs and follow directions.

### **FOR RESIDENTIAL STUDENTS**

I understand that while residing in on campus housing, I will be subject to additional requirements under the housing contract. I understand that all students are required to agree to this Pledge. Failure to abide by this Pledge will result in a referral to the Office of Community Standards and Student Conduct. By taking this Cougars Care Pledge, I accept responsibility for myself and my actions and will do my best to assist the University with its efforts to prevent the spread of COVID-19 at Kean University.