



Community Connection

As the Fall 2022 semester comes to a close, the Office of Residence Life would like to thank you for your commitment to the residential community. As final exams approach us, we wish you the best of luck! Set aside time to study while remaining healthy for the holiday season!

This newsletter, Community Connection, is part of our service to you, offering information about resources and policies while providing you important information to the community within the Office of Residence Life. You may also find out more about residential living on our website at <http://www.kean.edu/rss>.

What else to expect: Fall 2022 move-out information, exam study tips, resident spotlight, and much more!



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Residence Life: **908-737-1700**

reslife@kean.edu

Campus Police:

908-737-4800

Follow Us on Social Media



@keanreslife

MOVE-OUTS

Fall move-outs will take place from **Monday, December 12th** through **Tuesday, December 20th**. As follows, are guidelines for completing your move-out:

1 Appointments

Schedule a move-out appointment with your Resident Assistant(s) by **Thursday, December 8th, 2022 by 11:59 PM**. Students must move out within 24 hours of their last final and check out with their RA at their scheduled move-out time.

2 How to Prepare

While preparing to move out, all residents must ensure they complete the following:

- Turn off all lights
- Empty trash cans
- Leave window shades up
- Close and secure windows
- Ensure that the bedroom/suite is clean
- Lock (close) front door and bedroom door
- Discard perishable items in their refrigerators
- Unplug appliances and electronics except for refrigerators

3 Returning Residents

If you are a returning resident for the Spring 2023 semester, you will only pack what you may need for winter break and return your key.

4 Non-Returning Residents

If you are not returning for the Spring 2023 semester, you will take all of your belongings and return your key. Please ensure you submit a Petition to Break contract. The Petition to Break Housing Contract is located on the Housing Portal!

The residence halls will officially close **Tuesday, December 20th, 2022, at 6 PM**.





Finals TIPS

Stay Organized

Staying organized is crucial for success. Try and utilize a planner or calendar to keep track of homework assignments, exam dates, and other important events.



Don't Cram! Create a Study Plan

It's better to avoid cramming and to create a study plan instead. For example, you might make flashcards of one chapter one day and then another the next. This way, you can give yourself more time to process the material.



Take Breaks

Studying is essential, but taking breaks while studying is also important. Research shows that taking breaks (even as little as 5 minutes) helps with increasing your energy, productivity, and ability to focus!

Take Advantage of Office Hours

Are you having trouble with a specific topic in class? Stop by during office hours or email your professor questions to understand the material better, gain tips on how to prepare for your exams, or write a better essay.



Reach Out for Help!

We are here to help you succeed. If you feel that you need tutoring in a course, come to one of ACCESS Tutoring's Study Nights right in Freshman Residence Hall.



Coping With WINTER CABIN FEVER

When it's so cold that you'd only go outside on a dare, all that time spent indoors can have an impact on your mental health. This winter, follow these tips to lift your mood!

GIVE YOURSELF A ROUTINE

Lack of routine can cause disruptions in eating, sleeping, and activity. To keep a sense of structure, try to create a daily routine that consists of work or house projects, mealtimes, workout time, and even downtime.

MAINTAIN A SOCIAL LIFE

Use real-time video streaming services, like FaceTime or Zoom to chat with your friends and loved ones. Connecting with others who are in a similar situation can also help you feel that you're not alone.

EXPRESS YOUR CREATIVE SIDE

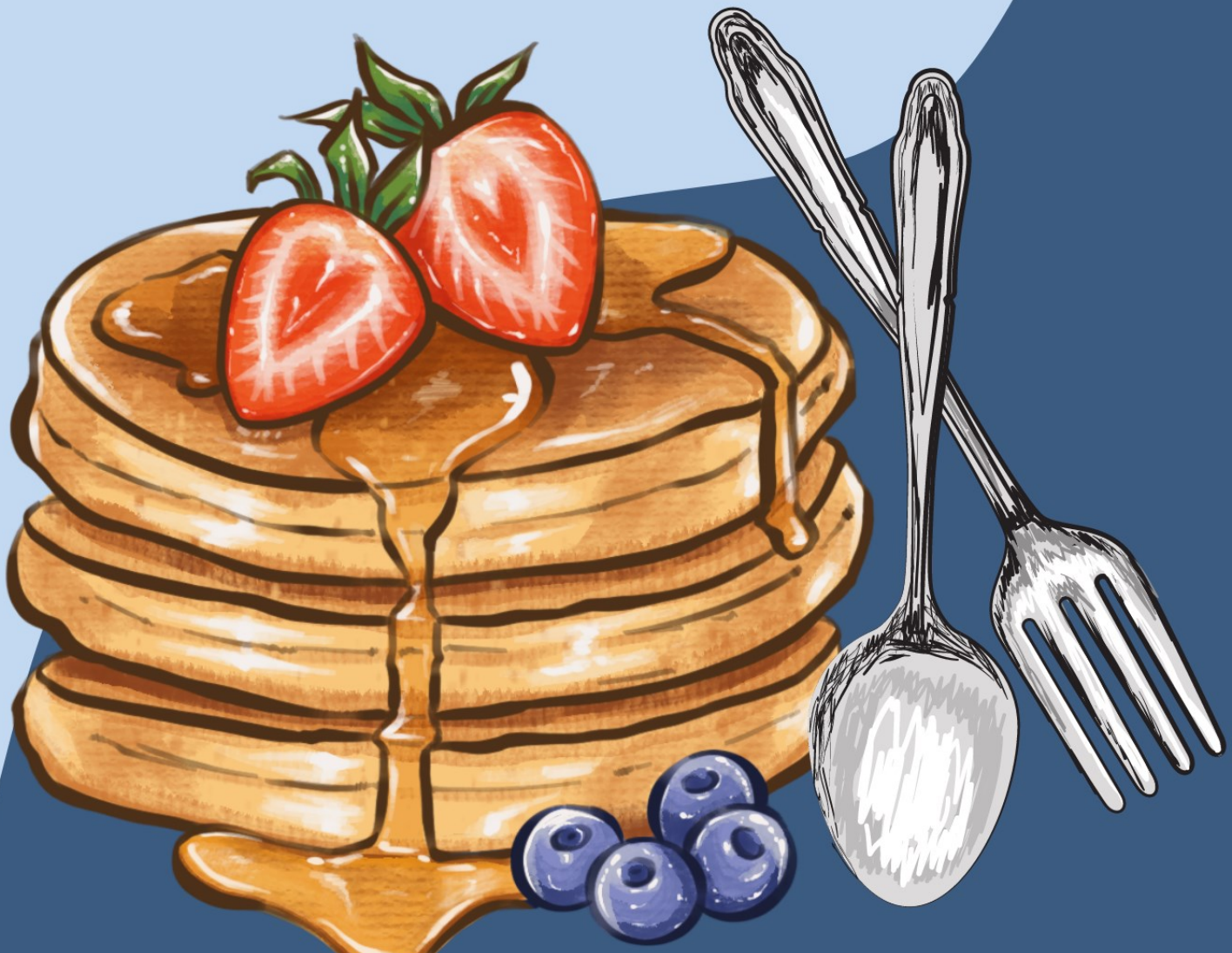
Use your time in isolation to reconnect with creative activities that you've had to put on hold because life got too busy. Spending time on creative activities keeps your brain busy.

MIDNIGHT Breakfast

BEFORE FINAL EXAMS BEGIN, JOIN US FOR A MIDNIGHT BREAKFAST!

DECEMBER 12, 2022 | 9:00 PM- 12:00 AM

LOCATION: KEANU'S KITCHEN



Resident SPOTLIGHT

BARTLETT HALL

Christian De La Rosa is currently a freshman majoring in Global Business. Christian is originally from Ocean Township, New Jersey. In his free time, he enjoys playing with his two dogs!



FRESHMAN HALL

Codou Coundoul is a freshman pursuing a major in Communication with a focus on Public Relations. They are big on reading, and their current favorite author is Chimamanda Ngozi Adichie. One goal Codou has for themselves is to succeed in everything they try and to maintain their mental health!



COUGAR HALL

Jasmin Langomas is a freshman majoring in Business Management and is from Carteret, New Jersey. Jasmin is Cougar Hall's Hall Council president and is involved in nine other clubs and organizations! Their long-term career goal is to become a music manager, but their current plans are to ace their finals, continue to expand their network, and become a Resident Assistant.



UPPERCLASSMAN HALL

Madison Reel resides in Upperclassmen Residence Hall and is from Manalapan, New Jersey. Madison is majoring in Speech-language hearing sciences and hopes to one day work as a speech pathologist in a school setting. In their free time, Madison enjoys watching Netflix movies and reading!



BURCH HALL

Originally from Orange, New Jersey, Johan Civil majors in Communication (Media and Film). Johan has an interest in creative directing, and one of their goals is to put together a portfolio in the long run for their career!



ROGERS HALL

Kaleb "Trell" Terrel is a junior majoring in Exercise Science. Trell is from Tupelo, Mississippi, and is currently interested in basketball and coaching. One of their goals is to graduate!



SOZIO HALL

Deanna Masucci's hometown is Sparta, New Jersey, and they are pursuing a major in Elementary Education K-6/TSD with an endorsement in Earth Science! Deanna is interested in yoga and hopes to teach their own classroom one day.

